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'Tis the good reader that makes the good book; a good head cannot read amiss: in every book he finds passages which seem confidences or asides hidden from all else and unmistakably meant for his ear.

~ Ralph Waldo Emerson, 1803-1882 ~



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The lips of the wise are as the doors of a cabinet; no sooner are they opened, but the treasures are poured before you. Like unto trees of gold arranged in beds of silver, are wise sentences uttered in due season.

~ Khemetic Saying ~

WISDOM for the Soul

FIVE MILLENNIA
OF PRESCRIPTIONS
FOR SPIRITUAL HEALING

Compiled & Edited by Larry Chang

All of us encounter, at least once in our life, some individual who utters words that make us think forever. There are men whose phrases are oracles; who can condense in one sentence the secrets of life; who blurt out an aphorism that forms a character, or illustrates an existence.

~ Benjamin Disraeli, 1804-1881 ~

Have you ever observed that we pay much more attention to a wise passage when it is quoted than when we read it in the original author?

~ Philip G. Hamerton, 1834-1894 ~

I suspect that we are all recipients of cosmic love notes. Messages, omens, voices, cries, revelations, and appeals are homogenized into each day's events. If only we knew how to listen, to read the signs.

~ Sam Keen, 1931- ~

THOUGHTS TO LIVE BY

"What I like about this collection of insightful sayings is that it is drawn from a wide range of sources, many not often invoked for practical wisdom. You can live by the words in this book, and you can feel good that humanity has offered such profound reflections."

~ Thomas Moore, author of *Care of the Soul* and *Dark Nights of the Soul*

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~ Lama Surya Das, author of *Awakening to the Sacred: Creating a Spiritual Life from Scratch*

As someone who has collected powerful, transformative quotations for over 30 years I am delighted by this book. The range and depth of this collection makes it an indispensable resource for anyone seeking easily accessible wisdom.

– Jack Canfield, Co-creator, #1 New York Times best selling *Chicken Soup for the Soul*® series and Author, *The Success Principles*™

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~ Midwest Book Review

WISDOM for the Soul

FIVE MILLENNIA
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There is a basket of fresh bread on your head, and yet you go door to door asking for crusts.

Knock on your inner door.

No other.

~ Rumi,
1207-1273

REFERENCE - A handy resource providing access to writers and thinkers from across the ages, traditions and cultures, on a comprehensive range of psycho-spiritual topics.

SELF-HELP - Precise targeted interventions and prophylactics for achieving and maintaining holistic health.

INSPIRATION - Selected for clarity of thought, poetic expression, resonance and conviction, each quotation is meant to allow the reader to stop, be in the now moment, ponder the beauty and complexity of life.

MOTIVATION - There is no issue that we face alone but that someone before us has tackled and overcome. We can learn from their experience.

MEDITATION - Contemplating the spiritual essence captured and distilled in concise passages can bring us to a place of peace, realization and enlightenment.

ORACLE - Consultation as needed for guidance and direction. Convenient companion Wisdom Cards also available.

If your heart is bright, then even in a dark chamber there is blue sky. If your thoughts are gloomy, then even in broad daylight cruel demons appear.

~ Hong
Zicheng, fl.
1596 ~

THE AUTHOR

Years of study in Religious Science and the Dharma have given Larry Chang a thorough grounding in metaphysics and spirituality. In the course of his work as an intuitive counselor and speaker, he has collected and used many quotations which he shares in this anthology. He has been, in turn and simultaneously, an artist, designer, editor, activist, trader, consultant and restaurateur and now, publisher.

A graduate of the California College of Arts & Crafts, Larry was responsible for the book and jacket design while a detail from his painting graces the front cover. Exiled from Jamaica, he was granted asylum based on sexual orientation by the US, where he now lives in Washington, DC. He is available to conduct Wisdom Circles and facilitate training in applying the Wisdom. Write to admin@wisdomforthesoul.org.

There is never time in the future in which we will work out our salvation. The challenge is in the moment; the time is always now.

~ James Baldwin, 1924-1987 ~



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