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- Berry, Wendell Erdman: 1934-, American Poet, Essayist; Comparison, 135; Enjoyment, 262; Shadow, 645

- Berryman, John: 1914-1972, American Poet; Direction, 235
- Besant, Annie Wood: 1847-1933, British Social Reformer, Theosophist; Adversity, 38; Exploration, 287; Giving, 329; Thinking, 702; Today, 711
- Bethune, Mary McLeod: 1875-1955, African-American Educator, Reformer; Vision, 737
- Better, Cathy Drinkwater: 1952-, American Writer, Poet; Choice, 124
- Bevan, Aneurin 'Nye': 1897-1960, Welsh Politician, Miner, Orator; Moderation, 517
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- Bierce, Ambrose Gwinett: 1842-c. 1914, American Journalist, Writer; Indulgence, 399; Insanity, 411
- Billings, Josh (Henry Wheeler Shaw): 1818-1885, American Humorist; Conscience, 165; Determination, 225; Diligence, 233; Experience, 284; Happiness, 352; Health, 365; Revenge, 622; Worry, 763
- Bishop, Billy (William Avery): 1894-1956, Canadian Aviator; Daring, 191
- Black Elk (Hehaka Sapa): 1864-1950, Native American, Oglala Sioux Shaman; Attention, 64; Dreams, 251; Influence, 402; Oneness, 525; Reality, 586
- Blair, Gary Ryan: Deferment, 207; Ethics, 274; Failure, 296
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- Blake, William: 1757-1827, English Poet, Engraver, Painter, Mystic; Desire, 219; Disclosure, 239; Enlightenment, 264; Friendship, 323; Imagination, 384; Inaction, 391; Life, 455; Little, 471; Oneness, 523; Openness, 529; Passion, 545; Perspective, 549; Polarity, 554; Possibility, 557; Restraint, 618; Self-Reliance, 634; Spontaneity, 674; Truth, 721; Vision, 736
- Blanchard, Kenneth Hartley: 1939-, American Management Educator, Writer; Expedience, 283; Influence, 405
- Blandi, Tom: Attitude, 72
- Blanton, Smiley: 1882-1966, American Psychiatrist; Success, 682
- Blais, Celeste de: 1946-, American Writer; Acceptance, 25
- Blavatsky, Helen Petrovna: 1831-1891, Russian Writer, Translator, Co-Founder of Theosophy; Congruence, 156; Daring, 190
- Blinn, Henry Clay: 1824-1905, American Shaker Elder; Individuality, 394
- Bloch, Arthur McBride: 1938-, American Scientist, Writer; Action, 30
- BlueStone, G.: American Artist, Writer; Balance, 82; Distraction, 245; Oneness, 528; Release, 608
- Blum, Ralph H.: 1932-, American Writer; Adversity, 40; Submission, 681
- Bodhidharma: 440-533, Indian Prince, 28th Buddhist Master, 1st Zen Patriarch; Appearance, 49; Attachment, 60; Breakthrough, 98; Delusion, 208; Enlightenment, 263; Journey, 433; Meaning, 497; Mind, 511; Suffering, 686; Vision, 735; Wisdom, 749
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- Boethius, Anicius Manlius Severinus: 475-524, Roman Statesman, Scholar, Philosopher; Introspection, 428; Music, 518; Perspective, 549
- Bohm, David: 1917-1992, American Physicist; Manifestation, 496; Meaning, 499; Oneness, 527; Reality, 587
- Bohr, Niels Henrik David: 1885-1962, Danish Nuclear Physicist; Polarity, 555; Truth, 723
- Boileau-Despréaux, Nicolas: 1636-1711, French Poet, Satirist, Critic; Eloquence, 256
- Bok, Derek Curtis: 1930-, American Educator; Learning, 444
- Bonaparte, Napoléon: 1769-1821, French Militarist, Emperor; Action, 29; Conformity, 152; Conviction, 170; Decision, 200; Deferment, 205; Dispatch, 242; Initiative, 408; Insecurity, 413; Self-Reliance, 634; Strength, 676
- Bonhoeffer, Dietrich: 1906-1945, German Lutheran Theologian; Action, 29; Decision, 201; Optimism, 537; Responsibility, 616; Time, 708
- Bonstetten, Karl (Charles Victor) von: 1745-1832, Swiss Writer; Age, 44
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- Book of Khakheper-Ra-Soneb*: Khemetic Sacred Text; Strength, 676
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- Boone, John Allen: b. 1882, American Writer; Collaboration, 126; Innocence, 410; Relationship, 597
- Boone, Louis Eugene: 1941-, American Marketing Educator, Writer; Daring, 192
- Boorman, John: 1933-, British Film Producer, Director, Screenwriter; Passion, 546
- Boorstein, Sylvia: American Jewish Buddhist Teacher; Mind, 515
- Boorstin, Daniel: 1914-2004, American Historian; Creativity, 181; Delusion, 212
- Boren, James Harlan: 1925-, American Writer; Inaction, 392
- Borge (Rosenbaum), Victor: 1909-2000, Danish/American Entertainer; Humor, 376
- Borges, Jorge Luis: 1899-1986, Argentinian Writer, Poet, Librarian; Breakthrough, 99; Continuity, 168; Deferment, 206; Dreams, 253; Impermanence, 389; Love-Eros, 490; Time, 708; Value, 732
- Borland, Hal (Harold Glen): 1900-1978, American Writer; Limitation, 465
- Borysenko, Joan: 1945-, American Psychologist, Biologist; Forgiveness, 321; Health, 370; Life, 457; Meditation, 508; Optimism, 537; Suffering, 691
- Bossuet, Jacques Benigne: 1627-1704, French Prelate; Fear, 303
- Bottome, Phyllis (Forbes-Dennis): 1884-1963, British Writer; Actualization, 33; Adversity, 39; Autonomy, 75; Flexibility, 312; Influence, 403
- Boulez, Pierre: 1925-, French Composer; Imagination, 386

- Bourassa, (Jean) Robert: 1933-1996, French-Canadian Premier, Politician; Wealth, 747
- Bovee, Christian Nestell: 1820-1904, American Lawyer, Writer; Compassion, 137; Delusion, 210; Example, 279; Focus, 315; Inspiration, 420; Moderation, 517; Passion, 545; Possibility, 558; Trust, 718; Wealth, 746; Zeal, 766
- Bowen, John Wesley Edward: 1855-1933, African-American Educator, Cleric; Disclosure, 240
- Bowie, David (David Robert Hayward-Jones): 1947-, British Rock Singer; Creativity, 182
- Bradley, Marian Zimmer: 1930-1999, American Writer, Teacher; Attitude, 71
- Bradley, Omar Nelson: 1893-1981, American Militarist; Courage, 176; Decision, 201
- Bradshaw, John: 1933-, American Counselor, Writer; Choice, 124; Innocence, 410
- Bradstreet, Anne Dudley: c. 1612-1672, English/American Poet; Opportunity, 532; Polarity, 554
- Brahmananda, Swami (Rakhal Chandra Ghosh): 1863-1923, Indian Guru, Ramakrishna Mission President; Polarity, 554; Practice, 567; Work, 758
- Brand, Stewart: 1938-, American Publisher, Environmentalist; Power, 565
- Brande, Dorothea: 1893-1948, American Writer; Failure, 294
- Branden, Nathaniel: 1930-, Canadian/American Psychotherapist, Writer; Integrity, 426
- Breathnach, Sarah Ban: American Writer; Art, 59; Dreams, 255; Equanimity, 271; Expectation, 282
- Brecht, (Eugen) Bertolt Friedrich: 1898-1956, German Dramatist, Poet; Art, 57; Death, 197; Renewal, 611; Synthesis, 694
- Brennan, Barbara: American Healer, Teacher; Health, 371
- Brice, Fanny (Fania Borach): 1891-1951, American Comedienne, Singer; Sincerity, 656
- Briffault, Robert Stephen: 1876-1948, French/English Surgeon, Social Anthropologist, Writer; Ethics, 273; Goal, 335
- Briggs, Dean: 1968-, American Cleric, Writer; Work, 761
- Briggs, Shirley Ann: 1918-, American Writer; Evil, 277; Individuality, 396
- Brillat-Savarin, Jean Anthelme: 1755-1826, French Politician, Gourmand, Writer; Health, 365
- Brilliant, Ashleigh Ellwood: 1933-, British Writer, Cartoonist, Publisher, Educator; Haste, 357; Love-Eros, 492
- Broch, Hermann: 1886-1951, Austrian/American Writer; Death, 196
- Brodsky, Joseph (Jozif Alexandrovich): 1940-1996, Russian/American Poet, Educator; Love-Eros, 493; Reality, 588
- Bronowski, Jacob: 1908-1974, British Scientist, Writer; Conformity, 154; Questioning, 583
- Brontë, Anne: 1820-1849, English Writer, Poet; Skill, 659
- Brontë, Charlotte: 1816-1855, English Writer; Action, 29; Criticism, 185; Happiness, 352
- Brooks, David: 1961-, Canadian/American Columnist, Editor; Haste, 357
- Brooks, Gwendolyn Elizabeth: 1917-2000, African-American Poet, Writer; Connection, 161; Presence, 575
- Brooks, Mel (Melvin Kaminsky): 1926-, American Actor, Director; Decision, 201; Lila, 461; Love-Eros, 492; Presence, 576
- Brooks, Phillips: 1835-1893, American Episcopal Cleric; Appreciation, 53; Character, 120; Complacency, 141; Distraction, 244; Focus, 315; Forgiveness, 319; Giving, 329; Humility, 373; Relativity, 602
- Brooks, Van Wyck: 1886-1963, American Writer, Critic; Attitude, 70
- Brossard, Chandler: 1922-1993, American Writer; Identity, 382
- Brothers, Joyce Diane Bauer: 1927-, American Psychologist, Columnist; Affirmation, 43; Attitude, 71; Equanimity, 271; Forgiveness, 320; Insecurity, 415; Insight, 419; Listening, 469; Success, 684
- Brotherton, J.: 1927-, American Psychologist; Having, 362
- Broughton, James Richard: 1913-1999, American Writer; Limitation, 465; Sex, 641
- Broun, (Matthew) Heywood Campbell: 1888-1939, American Journalist; Character, 121; Conviction, 171; Sex, 640
- Brown, H. Jackson, Jr.: 1940-, American Writer; Diversity, 249; Love-Eros, 493; Opportunity, 534
- Brown, Les (Johill Harvey): 1945-, African-American Motivational Speaker, Writer; Defeat, 203; Focus, 317; Goal, 337; Imagination, 386; Possibility, 561; Revenge, 623; Today, 712
- Brown, Norman Oliver: 1913-2002, American Philosopher; Death, 198; Unconscious, 727
- Brown, P.: Friendship, 326
- Brown, Rita Mae: 1944-, American Writer, Poet, Lesbian-Feminist; Cost, 173; Creativity, 182; Enjoyment, 262; Indulgence, 399; Integrity, 426; Love-Eros, 493; Suffering, 691
- Brown, William Wells: 1815-1884, Ex-slave, 1st African-American Novelist; Cause, 103
- Browne, Thomas: 1605-1682, English Physician, Writer, Antiquary; Compassion, 136; Criticism, 184; Evil, 275; Faith, 297; Music, 518; Oneness, 523; Solitude, 662; Tolerance, 713; Wealth, 745; Wonder, 752
- Browning, Elizabeth Barrett: 1806-1861, English Poet; Goal, 334; Individuality, 393; Integrity, 423; Love-Eros, 488; Renewal, 609; Today, 711; Wonder, 753
- Browning, Robert: 1812-1889, English Poet; Deferment, 205; Feeling, 307; Goal, 334; Possibility, 558; Simplicity, 652; Truth, 722
- Browning, Ron: Psychologist; Transformation, 717
- Bruce, Lenny (Leonard Alfred Schneider): 1923-1966, American Comedian; Belief, 96; Reality, 587
- Bruno, Giordano: 1548-1600, Italian Philosopher; Beginning, 84; Oneness, 523; Truth, 721
- Brunton, Paul: 1898-1981, English Writer, Journalist; Attitude, 71; Breakthrough, 99; Composure, 146; Continuity, 168; Delusion, 211; Happiness, 354; Meditation, 506; Mind, 515; Partnership, 541; Responsibility, 616; Retreat, 621; Seeking, 626; Solitude, 664; Spirituality, 671; Value, 732; Worry, 764
- Bryan, William Jennings: 1860-1925, American Lawyer; Actualization, 32; Choice, 122; Confidence, 148
- Buber, Martin: 1878-1965, Austrian/Israeli Theologian; Actualization, 33; Connection, 160; Humor, 375; Individuality, 395; Lila, 459; Power, 564; Relationship, 597
- Buck, Glen: Having, 362
- Buck, Pearl Comfort Sydenstricker: 1892-1973, American Writer, Dramatist, 1938 Nobel Laureate; Adversity, 39; Decision, 201; Discipline, 237; Disclosure, 240; Dreams, 253; Failure, 294; Feeling, 308; Grief, 343; Growth, 346; Loneliness, 479; Partnership, 541; Possibility, 559; Renewal, 610; Responsibility, 616; Solitude, 664; Tact, 697
- Buckner, Thomas A.: 1941-, American Opera Singer, Composer, Producer; Optimism, 537
- Buddha (Siddhartha Gautama): c. 563-483 BCE, Indian Prince, Mystic, Founder of Buddhism; Action, 28; Actualization, 31; Adversity, 36; Anger, 47; Attachment, 60; Attention, 62; Autonomy, 73; Avoidance, 77; Being, 86; Belief, 90; Cause, 102; Death, 193; Delusion, 208; Dependence, 214; Desire, 218; Detachment, 222; Determination, 224; Differentiation, 228; Enlightenment, 263; Equanimity, 267; Exploration, 287; Fault, 300; Feeling, 306; Forgiveness, 318; Giving, 327; Happiness, 351; Hate, 358; Having, 360; Health, 363;

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- Buechner, Frederick: 1926-, American Cleric, Writer; Compassion, 139; Disclosure, 241; Forgiveness, 320; Influence, 404; Zeal, 768
- Bukovsky, Vladimir: 1942-, Soviet Scientist, Writer, Dissident; Struggle, 679
- Bulwer-Lytton, Edward: 1803-1873, English Writer, Politician; Communication, 131; Compassion, 137; Continuity, 167; Delusion, 210; Dreams, 251; Friendship, 323; Goal, 334; Ingenuity, 407; Patience, 548; Teaching, 698; Zeal, 766
- Bunan: 1603-1676, Japanese Gatekeeper, Zen Master; Avoidance, 77; Criticism, 184; Death, 194; Equanimity, 269; Oneness, 523; Reciprocity, 590
- Buñuel Portolés, Luis: 1900-1983, Spanish/Mexican Film Director; Memory, 510
- Buonarrotti, Michelangelo: 1475-1564, Italian Sculptor, Painter, Architect; Delusion, 209; Goal, 333; Little, 471
- Burbank, Luther: 1849-1926, American Botanist, Inventor; Conformity, 153; Journey, 434; Self-Reliance, 634; Thinking, 702
- Burchill, Julie: 1960-, British Writer, Journalist; Death, 199
- Burgess (Wilson), (John) Anthony: 1917-1993, British Writer; Ethics, 274
- Burgin, George Brown: 1856-1944, British Writer; Insanity, 411
- Burgy, Don: 1937-, American Artist; Art, 58
- Burke, Edmund: 1729-1797, Irish-British Statesman, Philosopher; Conflict, 150; Fault, 301; Imagination, 384; Inaction, 391; Power, 562; Prudence, 580; Skill, 658; Wonder, 753
- Burnett, Carol Creighton: 1933-, American Entertainer; Adversity, 40; Dreams, 254
- Burns, George (Nathan Birnbaum): 1896-1996, American Comedian; Age, 46; Failure, 294; Relationship, 597
- Burns, Robert: 1759-1796, Scottish Poet; Oppression, 535
- Burr, Aaron: 1756-1836, US Vice President; Deferment, 205
- Burroughs, John: 1837-1921, American Naturalist, Writer; Cost, 172; Failure, 293; Imagination, 384; Manifestation, 494; Opportunity, 533; Renewal, 610; Sensibility, 637
- Burroughs, William Seward: 1914-1997, American Writer; Value, 732; War, 742
- Burstyn, Ellen Macrae (Edna Rae Gillooly): 1932-, American Actress; Solitude, 665
- Buscaglia, Leo (Leonardo Felice): 1924-1998, American Educator, Writer; Change, 114; Compassion, 139; Connection, 161; Daring, 192; Death, 198; Expectation, 281; Giving, 331; Having, 362; Influence, 404; Integrity, 425; Loneliness, 479; Love-Agape, 485; Love-Eros, 492; Presence, 575; Reciprocity, 593; Relationship, 598; Renewal, 611; Self, 631; Worry, 764
- Butler, Samuel: 1835-1902, English Writer, Painter, Philosopher, Scholar; Change, 112; Chaos, 116; Conviction, 171; Direction, 234; Disclosure, 240; Faith, 297; Feeling, 307; Humor, 375; Life, 456; Little, 472; Love-Eros, 488; Polarity, 554; Release, 605; Spontaneity, 674; Tact, 697; Vice, 734
- Butterworth, Eric: 1916-2003, Canadian/American Unity Cleric, Writer; Attitude, 71; Change, 114; Determination, 227; Growth, 346; Impermanence, 389; Spirituality, 672
- Buxton, Thomas Fowell: 1786-1845, English Reformer, Abolitionist, Philanthropist; Accomplishment, 26
- Byrd, Richard Edward: 1931-, American Writer; Possibility, 561; Skill, 660
- Byron, George Gordon, Lord: 1788-1824, English Poet, Satirist; Adversity, 37; Conscience, 164; Health, 365; Humor, 375; Imagination, 384; Inaction, 391; Indulgence, 398; Little, 471; Logos, 475; Passion, 545; Sensibility, 636
- Cabell, James Branch: 1879-1958, American Writer, Poet, Genealogist, Historian; Goodness, 339; Optimism, 537; Sensibility, 637
- Cabot, Richard Clarke: 1868-1939, American Physician; Work, 759
- Caddy, Eileen: British Mystic, Co-Founder of Findhorn Community; Action, 30; Actualization, 35; Inaction, 392; Perspective, 552; Presence, 578; Release, 608; Renewal, 612
- Caecus, Appius Claudius: 4th-3rd Century BCE, Roman Censor, Writer; Autonomy, 73
- Cage, John Milton: 1912-1992, American Composer, Musician; Attention, 65; Connection, 160; Idea, 380; Life, 457; Today, 712
- Cain, Herman (Robert Gleason): 1945-, African-American Entrepreneur; Success, 684
- Calderón de la Barca, Pedro: 1600-1681, Spanish Dramatist; Goodness, 339; Life, 455
- Calwell, Arthur: 1894-1973, Australian Politician; Defeat, 202
- Câmara, Hélder Pessoa: 1909-1999, Brazilian Catholic Prelate, Activist, Writer; Journey, 435
- Cambridge, Richard Owen: 1717-1802, English Poet; Meditation, 505
- Cameron, Julia: American Artist, Poet, Dramatist, Journalist, Writer; Art, 59; Collaboration, 127; Dreams, 255; Grief, 343; Growth, 347
- Campbell, Joseph: 1904-1987, American Mythologist, Educator, Writer; Actualization, 33; Art, 57; Belief, 96; Breakthrough, 99; Compassion, 138; Continuity, 168; Death, 197; Dreams, 253; Exploration, 288; Individuality, 396; Journey, 435; Meditation, 506; Oneness, 526; Passion, 546; Release, 606; Shadow, 645
- Campbell, Patrick, Mrs. (Beatrice Stella Tanner): 1865-1940, English Actress; Sex, 640
- Campbell, Thomas: 1777-1844, Scottish Poet, Songwriter, Journalist; Perspective, 549
- Camus, Albert: 1913-1960, Algerian-French Writer, Essayist, Dramatist, 1957 Nobel Laureate; Appreciation, 54; Art, 57; Autonomy, 76; Beginning, 85; Collaboration, 127; Conformity, 154; Experience, 286; Friendship, 326; Happiness, 354; Idea, 380; Introspection, 429; Life, 457; Meaning, 499; Music, 520; Openness, 531; Presence, 575; Renewal, 611; Seeking, 627; Suffering, 689; Wonder, 755
- Canetti, Elias: 1905-1994, Bulgarian Philosopher, Writer, 1981 Nobel Laureate; Beginning, 85; Belief, 96; Exploration, 288
- Cantor, Eddie (Edward Israel Itskowitz): 1892-1964, American Entertainer; Haste, 357
- Capp, Andy: Cartoon character created by Reg Smythe; Indulgence, 399
- Capra, Fritjof: 1939-, Austrian Physicist, Theorist, Writer; Engagement, 259; Work, 760
- Caretto, Carlo: 1910-1988, Italian Recluse, Writer; Humility, 373; Openness, 531
- Carey, Sandra: Wisdom, 751
- Carlson, Richard: American Psychologist, Writer; Criticism, 187
- Carlyle, Thomas: 1795-1881, Scottish Historian, Biographer, Critic, Essayist; Action, 29; Belief, 91; Choice, 122; Conflict, 150; Congruence, 156; Evil, 276; Expedience, 283; Fear, 303; Feeling, 306; Goal, 333; Growth, 344; Humor, 374; Idea,

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- Carnegie, Andrew: 1835-1919, Scottish/American Industrialist, Philanthropist; Autonomy, 74; Communication, 131; Focus, 315; Integrity, 424
- Carnegie, Dale: 1888-1955, American Writer, Motivational Trainer; Acceptance, 24; Appreciation, 54; Communication, 132; Conflict, 150; Criticism, 186; Daring, 191; Deferment, 206; Determination, 226; Fear, 304; Friendship, 325; Habit, 350; Happiness, 354; Hate, 359; Having, 361; Ingenuity, 407; Legacy, 447; Little, 473; Thinking, 704; Today, 711; War, 742; Worry, 764; Zeal, 767
- Carpenter, Edward: 1844-1929, English Writer, Poet, Social Activist; Autonomy, 74; Breakthrough, 99; Congruence, 157; Self, 630; Unconscious, 726
- Carr, Emily: 1871-1945, Canadian Painter, Writer; Communication, 132
- Carrel, Alexis (Marie Joseph Auguste Billiard): 1873-1944, French/American Surgeon, 1912 Nobel Laureate; Insight, 417; Restraint, 619; Spirituality, 670; Suffering, 687
- Carroll, Lewis (Charles Lutwidge Dodgson): 1832-1898, English Writer, Photographer, Mathematician; Beginning, 84; Meaning, 497
- Carruthers, Thomas Neely, Jr.: 1928-, American Lawyer; Teaching, 700
- Carson, Johnny (John William): 1925-2005, American TV Host; Success, 684
- Carson, Rachel Louise: 1907-1964, American Marine Biologist, Writer; Feeling, 309; Wonder, 755
- Carter, (Eleanor) Rosalynn Smith: 1927-, American First Lady; Confidence, 148
- Carter, Jimmy (James Earl, Jr.): 1924-, 39th US President, 2002 Nobel Laureate; Balance, 81
- Carter-Scott, Cherie Untermyer: 1949-, American Trainer, Designer; Growth, 347; Introspection, 430; Learning, 445; Possibility, 561
- Cartier, Francis A: Synthesis, 695
- Cartier-Bresson, Henri: 1908-2004, French Photographer; Success, 683
- Carver, George Washington: 1864-1943, African-American Agronomist, Inventor; Communication, 132; Experience, 285; Failure, 293; Hate, 358; Opportunity, 533; Success, 682; Wonder, 753
- Cary, (Arthur) Joyce: 1888-1957, British Writer; Feeling, 308; Solitude, 664; Struggle, 679
- Casals, Pablo (Pau Carlos Salvador Defilló de Casals): 1876-1973, Spanish Musician, Composer, Conductor; Age, 45; Presence, 573
- Casey, M. Kathleen (Kathleen Casey Theisen): American Sociologist; Acceptance, 25; Suffering, 692
- Cassavetes, John: 1929-1989, American Film Director; Age, 46; Expression, 291
- Castaneda, Carlos: 1931-1998, Brazilian/American Anthropologist, Writer; Attachment, 61; Choice, 124; Journey, 436; Learning, 444; Opportunity, 534; Perspective, 551; Release, 607; Sensibility, 638
- Castillejo, Irene Claremont de: 1885-1967, British Jungian Analyst, Writer, Poet; Balance, 81; Belief, 94; Feeling, 308; Individuality, 395; Influence, 403; Insecurity, 414; Love-Eros, 489; Oneness, 526; Passion, 546; Polarity, 555; Power, 564; Shadow, 645
- Castro Ruiz, Fidel Alejandro: 1927-, Cuban Leader; Little, 473
- Cather, Willa Sibert: 1873-1947, American Writer, Journalist; Insecurity, 414; Love-Agape, 484; Memory, 509; Wonder, 754
- Catherine of Siena (Caterina Benincasa): 1347-1380, Italian Dominican Nun, Mystic, Saint; Journey, 434; Revenge, 622
- Catherwood, Mary Hartwell: 1847-1901, American Writer; Friendship, 324
- Catti-Brie: Fictional character created by R. A. Salvatore, 1959-; Revenge, 627
- Catullus, Gaius Valerius: 84-54 BCE, Roman Poet; Love-Eros, 487
- Cavafy, Constantine (Konstantinos Petrou Kavafis): 1863-1933, Greek-Egyptian Poet; Beginning, 84
- Cayce, Edgar: 1877-1945, American Seer; Balance, 80; Cause, 104; Dreams, 252; Giving, 330; Health, 366; Memory, 509; Reality, 586; Thinking, 703
- Cedrone, Karen: Disclosure, 241
- Cela Trulock, Camilo José: 1916-2002, Spanish Writer, 1989 Nobel Laureate; Expression, 291
- Celine, Louis (Louis-Ferdinand Destouches): 1894-1961, French Writer, Physician; Death, 196; Experience, 286
- Cervantes Saavedra, Miguel de: 1547-1616, Spanish Writer, Dramatist; Actuality, 32; Conflict, 149; Courage, 175; Deferment, 204; Diligence, 232; Experience, 284; Friendship, 322; Insanity, 411; Loquacity, 480; Restraint, 618; Sincerity, 655
- Cézanne, Paul: 1839-1906, French Painter; Diversity, 247
- Chagall, Marc: 1887-1985, Russian/French Artist; Reality, 587
- Chamberlain, (Arthur) Nevill: 1869-1940, British Politician; War, 741
- Chamfort, Sébastien Roch Nicolas: 1741-1794, French Dramatist; Affirmation, 41; Humor, 374; Love-Eros, 488; Success, 682
- Chance, Paul Bradley: 1941-, American Writer; Diversity, 249
- Chandler, Kyle: 1966-, American Actor; Opportunity, 534
- Chang, Larry (Laurence Anthony): 1949-, Chinese-Jamaican Artist, Activist; Adversity, 40; Attention, 67; Deferment, 207; Desire, 221; Diversity, 249; Loneliness, 479; Opportunity, 534; Presence, 577; Synthesis, 695
- Channing, William Ellery: 1789-1842, American Cleric; Adversity, 37; Creativity, 178; Example, 279; Growth, 344; Liberation, 451; Limitation, 463; Optimism, 536; Thinking, 701; Time, 706
- Channing, William Henry: 1810-1884, American Cleric, Reformer, Writer; Congruence, 156
- Chapin, Edwin Hubbel: 1814-1880, American Universalist Cleric; Criticism, 185; Forgiveness, 319; Individuality, 393; Revenge, 622
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- Dickinson, Emily Elizabeth: 1830-1886, American Poet; Continuity, 167; Expectation, 281; Insanity, 411; Life, 456; Logos, 475; Openness, 530; Solitude, 663; Wonder, 753; Zeal, 766
- Diderot, Denis: 1713-1784, French Philosopher, Encyclopaedist, Writer, Dramatist; Insight, 416; Liberation, 450; Passion, 544; Questioning, 581; Reciprocity, 590
- Didion, Joan: 1934-, American Essayist, Writer; Affirmation, 43; Character, 121; Cost, 173; Having, 362; Jealousy, 432; Respect, 613
- Dietrich, Marlene (Maria Magdalen von Losch): 1901-1992, German-American Actress, Singer; Forgiveness, 319; Friendship, 325; Love-Eros, 490
- Dillard, Annie Doak: 1945-, American Writer; Greed, 341; Mind, 515; Presence, 577; Time, 709; Today, 712
- DiManno, Rosie: Canadian Columnist; Conformity, 155
- Dimnet, Ernest: 1866-1954, French Cleric; Friendship, 325
- Dinesen, Isak (Karen Blixen): 1885-1962, Danish/South African Writer; Adversity, 39; Dreams, 252; Health, 366; Little, 473; Suffering, 688; Time, 708; Worry, 764
- Dionysius the Elder: 430-367 BCE, Greek Leader, Tyrant of Syracuse; Silence, 647
- Diop, Birago Ismael: 1906-1989, Senegalese Poet, Writer; Character, 121; Listening, 469
- Dior, Christian: 1905-1957, French Couturier; Zeal, 768
- Disney, Walter Elias: 1901-1966, American Cartoonist, Filmmaker; Confidence, 148; Determination, 227; Dreams, 253; Faith, 299; Goal, 336; Lila, 460
- Disraeli, Benjamin: 1804-1881, British Prime Minister, Writer; Actualization, 32; Adversity, 37; Cause, 103; Change, 112; Criticism, 184; Determination, 225; Expectation, 281; Feeling, 307; Learning, 441; Little, 471; Passion, 545; Preparation, 570; Tact, 697; Wealth, 745; Worry, 763; Zeal, 766

- Dix, Dorothy (Elizabeth Meriwether Gilmer): 1861-1951, American Journalist; Jealousy, 432; Worry, 763
- Dixon, Jack: Change, 115
- Dixon, W. Macneil: Compassion, 140
- Doctorow, Edgar Laurence: 1931-, American Writer; Insanity, 412
- Dodge, Jim: Acceptance, 25
- Dodrupchen: Tibetan Buddhist Master; Preparation, 570
- Dogen, Eihei: 1200-1253, Japanese Zen Master, Philosopher, Poet, Painter, Soto School Founder; Delusion, 209; Depression, 216; Desire, 219; Enlightenment, 264; Greed, 341; Impermanence, 388; Journey, 433; Liberation, 450; Meditation, 504; Oneness, 523; Practice, 566; Presence, 572; Retreat, 620; Seeking, 625; Self, 629; Tact, 696; Truth, 721; Understanding, 728
- Dongshan Liangjie: 807-869, Chinese Chan Master, Caodong School Founder; Self, 629; Wonder, 752
- Donne, John: 1572-1631, English Poet, Cleric; Death, 194; Delusion, 209; Love-Eros, 487; Oneness, 523; Self-Reliance, 633
- Dorfsman, Louis: 1918-, American Art Director; Creativity, 181
- Dorsett, Tony (Anthony Drew): 1954-, American Footballer; Decision, 201
- Dorsey, Issan Tommy: 1933-1990, American Female Impersonator, Zen Abbot; Death, 198; Journey, 436
- Dossey, Larry: 1940-, American Physician, Writer; Death, 199; Health, 369; Journey, 436; Oneness, 528; Suffering, 691
- Dostoevsky, Fyodor Mikhailovich: 1821-1881, Russian Writer; Communication, 131; Compassion, 137; Connection, 159; Cost, 172; Disclosure, 239; Feeling, 307; Initiative, 408; Insecurity, 413; Integrity, 423; Love-Agape, 483; Oneness, 524; Perspective, 550; Respect, 613; Work, 758
- Douglas, (George) Norman: 1868-1952, British Diplomat, Writer; Deferment, 206; Diversity, 247; Enjoyment, 261; Time, 707
- Douglass, Frederick: 1817-1895, African-American Abolitionist, Writer; Ability, 21; Accomplishment, 26; Conflict, 150; Integrity, 423; Learning, 441; Liberation, 451; Limitation, 463; Struggle, 678
- Dowd, Maureen Brigid: 1952-, American Columnist; Value, 733
- Dowling, Leslie H.: 1844-1911, American Physician, Preacher, Mystic; Connection, 159; Thinking, 702
- Downs, Hugh Malcolm: 1921-, American Broadcaster; Attitude, 71
- Doyle, Arthur Conan: 1859-1930, Scottish Writer; Possibility, 559
- Drew, Charles Richard: 1904-1950, African-American Surgeon, Inventor; Struggle, 679
- Drucker, Peter Ferdinand: 1909-2005, Austrian/American Political Economist, Writer; Commitment, 130; Decision, 201; Integrity, 425; Preparation, 570
- Drummond, Henry: 1851-1897, Scottish Educator, Writer; Influence, 402; Learning, 442; Love-Agape, 483; Practice, 567
- Dryden, John: 1631-1700, English Poet, Satirist, Dramatist, Critic; Conscience, 164; Habit, 349; Health, 364; Love-Agape, 482; Sensibility, 636; Today, 710
- D'Souza, Fr. Alfred: Deferment, 207
- Du Bois, William Edward Burghardt: 1868-1963, African-American Educator, Writer, Political Activist; Action, 29; Art, 56; Continuity, 168; Liberation, 451; Power, 563; Strength, 677; Work, 759
- du Gard, Roger Martin: 1881-1958, French Writer; Questioning, 583
- Dubois, Charles Wayne: 1922-, American Social Worker, Columnist; Release, 606
- Dubos, René Jules: 1901-1982, American Bacteriologist, Philosopher; Wonder, 754; 1901-1982, American Bacteriologist, Philosopher; Continuity, 168; Health, 367; Solution, 667; Success, 683; Value, 732
- Dubuffet, Jean Philippe Arthur: 1901-1985, French Sculptor, Printmaker; Thinking, 704
- Duhamel, Georges: 1884-1966, French Physician, Writer; Desire, 220; Idea, 380; Partnership, 541; Spirituality, 671
- Dumas, Alexandre (père): 1802-1870, French Writer, Dramatist; Learning, 441; Relativity, 602
- Dunbar, Paul Laurence: 1873-1906, African-American Poet; Expression, 291
- Dunham, Katherine Mary: 1910-2006, African-American Dancer, Choreographer, Anthropologist; Dance, 189; Goal, 336; Strength, 677
- Dunning, Albert Elijah: 1844-1923, American Cleric, Editor; Opportunity, 533
- Durant, William James: 1885-1982, American Historian, Critic, Writer; Daring, 191; Inaction, 392; Learning, 443; Loquacity, 481; Release, 605; Wisdom, 750
- Durckheim, Karlfried Graf: 1896-1988, German Psychologist, Philosopher; Age, 46; Being, 88; Dance, 188; Death, 197; Delusion, 211; Enlightenment, 265; Flexibility, 312; Practice, 567; Responsibility, 616; Seeking, 626; Silence, 649; Sincerity, 656; Suffering, 688
- Durrell, Lawrence George: 1912-1990, British Poet, Writer; Hate, 359; Humor, 376; Jealousy, 432; Love-Eros, 491; Meaning, 499; Synthesis, 695
- Dürrenmatt, Friedrich: 1921-1990, Swiss Dramatist, Writer; Paradox, 539
- Dyer, Wayne Walter: 1940-, American Psychologist, Writer; Criticism, 187; Limitation, 467; Loneliness, 479; Patience, 548; Presence, 577; Relationship, 599; Vision, 739; Wealth, 747; Work, 760
- Dylan, Bob (Robert Allen Zimmerman): 1941-, American Popular Musician, Songwriter; Memory, 510; Renewal, 612; Success, 684
- Dyson, Michael Eric: 1958-, African-American Scholar, Writer; Attention, 68; Faith, 299
- Earhart, Amelia Mary: 1898-1937, American Aviatix; Courage, 176; Daring, 191; Exploration, 288; Zeal, 767
- Eastman, Max Forrester: 1883-1969, American Poet; Enjoyment, 261; Growth, 345
- Easton, Elliot: 1953-, American Pop Guitarist; Work, 761
- Easwaran, Eknath: 1911-1999, Indian/American Writer, Translator, Teacher; Breakthrough, 100; Connection, 160; Direction, 235; Example, 279; Focus, 316; Love-Agape, 485; Mind, 515; Patience, 548
- Eckhart, Meister Johannes: 1260-1327, German Dominican Priest, Theologian, Mystic; Actualization, 31; Appearance, 49; Beginning, 83; Composure, 144; Differentiation, 229; Enlightenment, 264; Expression, 290; Goodness, 338; Grief, 342; Growth, 344; Introspection, 428; Limitation, 462; Meditation, 504; Oneness, 523; Presence, 572; Reciprocity, 590; Release, 605; Retreat, 620; Self, 630; Silence, 648; Solitude, 661; Spirituality, 669; Suffering, 686; Transformation, 715
- Eco, Umberto: 1932-, Italian Scholar, Educator, Critic, Writer; Solitude, 665
- Eddy, Mary Baker: 1821-1910, American Theologian, Founder of Christian Science; Evil, 276; Health, 365
- Edelman, Marion Wright: 1939-, African American Civil Rights Activist, Writer; Disclosure, 241; Engagement, 259; Giving, 332; Listening, 469; Little, 473

- Edison, Thomas Alva: 1847-1931, American Inventor, Industrialist; Complacency, 141; Conformity, 153; Creativity, 179; Defeat, 202; Determination, 225; Failure, 293; Health, 365; Legacy, 447; Opportunity, 533; Possibility, 558; War, 741
- Edwards, Betty: 1926-, American Art Educator, Writer; Influence, 404; Vision, 738
- Edwards, Harry, Jr.: 1942-, African-American Athlete, Sociologist; Dreams, 255
- Edwards, Tryon: 1809-1894, American Theologian; Attention, 63; Conviction, 170; Deferment, 205; Feeling, 307; Happiness, 352; Memory, 509; Time, 707; Wealth, 745
- Ehrmann, Max: 1872-1945, German-American Lawyer, Poet; Affirmation, 42; Comparison, 135; Composure, 145; Connection, 159; Delusion, 211; Insecurity, 414; Listening, 468; Oneness, 525; Sincerity, 656
- Einstein, Albert: 1879-1955, German/American Mathematical Physicist, 1921 Nobel Laureate; Adversity, 38; Attitude, 70; Belief, 94; Compassion, 138; Conformity, 153; Creativity, 179; Determination, 226; Dreams, 252; Ethics, 273; Example, 279; Expression, 291; Failure, 293; Giving, 330; Imagination, 385; Learning, 442; Legacy, 447; Liberation, 452; Life, 456; Loquacity, 481; Meaning, 498; Oneness, 525; Opportunity, 533; Paradox, 538; Polarity, 555; Questioning, 583; Reality, 586; Simplicity, 653; Solitude, 663; Solution, 667; Teaching, 699; Tolerance, 714; Value, 731; Vision, 737; War, 741; Wonder, 754
- Eisenhower, Dwight David: 1890-1969, American Militarist, 34th US President; Choice, 123; Focus, 316; Humor, 376; Moderation, 517; Responsibility, 616; War, 742
- El Saadawi, Nawal: 1931-, Egyptian Psychiatrist, Feminist, Dissident, Writer; Beginning, 85
- Elgin, Duane: 1943-, American Writer, Activist; Collaboration, 127; Compassion, 140; Death, 199; Simplicity, 654
- Eliade, Mircea: 1907-1986, Romanian Scholar, Writer; Differentiation, 230; Diversity, 248; Health, 368; Transformation, 716
- Eliot, George (Mary Ann Evans): 1819-1880, English Writer, Poet; Action, 29; Being, 87; Belief, 92; Cause, 103; Choice, 122; Collaboration, 125; Desire, 219; Failure, 292; Feeling, 307; Friendship, 324; Growth, 345; Influence, 401; Inspiration, 420; Introspection, 428; Loquacity, 481; Music, 519; Openness, 529; Possibility, 558; Sensibility, 637; Silence, 648; Tolerance, 713
- Eliot, Thomas Stearns: 1885-1965, American/British Poet, Dramatist, Critic; Beginning, 84; Centering, 109; Daring, 191; Eloquence, 256; Exploration, 288; Loneliness, 478; Music, 519; Paradox, 538; Shadow, 645; Time, 708
- Elizondo, Virgil P.: 1935-, Mexican-American Priest, Theologian; Identity, 382
- Ellerbee, Linda Jane: 1944-, American Journalist; Dependence, 215
- Ellington, Duke (Edward Kennedy): 1899-1974, African American Jazz Composer, Musician; Art, 57; Choice, 123; Friendship, 325; Introspection, 429; Love-Agape, 485; Optimism, 537; Renewal, 611; Revenge, 623; Transformation, 716; Worry, 764
- Elliot, Jim (Philip James): 1927-1956, American Christian Missionary; Reciprocity, 593
- Ellis, (Henry) Havelock: 1859-1939, English Physician, Sexologist, Essayist; Conformity, 153; Dance, 188; Dreams, 251; Forgiveness, 319; Insecurity, 414; Jealousy, 432; Limitation, 463; Polarity, 554; Sex, 640; Shadow, 644; Solitude, 663; Struggle, 678; War, 741
- Ellison, Harlan Jay: 1934-, American Writer; Love-Eros, 492
- Ellison, Ralph Waldo: 1914-1994, African-American Writer; Beginning, 85; Commitment, 130; Connection, 161; Diversity, 248; Growth, 346; Imagination, 386; Introspection, 429; Limitation, 465; Logos, 477; Synthesis, 695
- Emerson, Ralph Waldo: 1803-1882, American Poet, Essayist; Action, 29; Actualization, 32; Adversity, 37; Age, 44; Anger, 48; Attitude, 69; Autonomy, 74; Balance, 80; Beginning, 84; Being, 87; Belief, 92; Breakthrough, 99; Cause, 103; Character, 119; Composure, 144; Conformity, 152; Congruence, 156; Conviction, 170; Cost, 172; Courage, 175; Creativity, 178; Daring, 190; Decision, 200; Defeat, 202; Deferment, 205; Delusion, 210; Dependence, 214; Desire, 219; Diligence, 233; Direction, 234; Eloquence, 256; Enjoyment, 261; Experience, 284; Exploration, 287; Fear, 303; Feeling, 307; Friendship, 323; Giving, 328; Goal, 334; Growth, 344; Having, 361; Health, 365; Humility, 373; Humor, 375; Idea, 379; Imagination, 384; Impermanence, 389; Individuality, 393; Influence, 401; Ingenuity, 407; Insecurity, 413; Insight, 417; Integrity, 423; Jealousy, 432; Learning, 441; Liberation, 451; Life, 455; Lila, 458; Little, 471; Logos, 475; Loquacity, 481; Love-Agape, 483; Manifestation, 494; Moderation, 517; Oneness, 524; Opportunity, 532; Partnership, 540; Passion, 545; Perspective, 549; Polarity, 554; Power, 563; Presence, 572; Prudence, 580; Reciprocity, 591; Release, 605; Seeking, 625; Self-Reliance, 634; Shadow, 644; Silence, 648; Simplicity, 652; Sincerity, 655; Skill, 658; Solution, 666; Spontaneity, 674; Success, 682; Thinking, 702; Time, 706, 711; Trust, 718; Truth, 722; Value, 731; Vision, 736; Wisdom, 749; Wonder, 753; Work, 758; Worry, 763; Zeal, 766
- Emery, Stewart: 1941-, American Writer, EST Trainer; Limitation, 467; Relationship, 599
- Emmanuel: Channeled Information by Pat Rodegast; Flexibility, 313; Growth, 347; Influence, 406; Journey, 437; Release, 608; Submission, 681; Truth, 725; Vice, 734
- Empedocles: c. 490-c.430 BCE, Greek Philosopher; Belief, 90
- Endymion: Tact, 696
- Ennis, Robert: Enlightenment, 266; Humor, 377; Release, 608
- Epictetus: 50-120, Greek Stoic Philosopher; Acceptance, 23; Actualization, 31; Appreciation, 52; Attention, 62; Autonomy, 73; Commitment, 128; Dependence, 214; Desire, 218; Dispatch, 242; Equanimity, 268; Fault, 300; Fear, 303; Forgiveness, 318; Goal, 333; Greed, 341; Happiness, 351; Having, 360; Idea, 378; Integrity, 422; Learning, 440; Liberation, 449; Limitation, 462; Loquacity, 480; Meaning, 497; Perspective, 549; Solitude, 661; Truth, 720; Worry, 762
- Epicurus: 341-270 BCE, Greek Philosopher; Appreciation, 52; Death, 193; Friendship, 322; Having, 360; Little, 470; Moderation, 516; Simplicity, 651; Today, 710; Wealth, 744; Worry, 762
- Epstein, Joseph: 1937-, American Writer, Essayist, Critic; Choice, 124
- Erasmus, Desiderius: 1466-1536, Dutch Humanist, Theologian; Idea, 378; Integrity, 422; Introspection, 428; War, 740
- Erhard, Werner: 1935-, American Trainer, Founder of EST; Acceptance, 25; Focus, 317; Oneness, 527; Reality, 588
- Erickson, Milton: 1901-1980, American Psychiatrist, Psychologist, Hypnotherapist; Criticism, 186
- Ertz, Susan: 1894-1985, English Writer; Zeal, 767
- Esar, Evan: 1899-1995, American Humorist; Life, 457
- Escher, Maurits Cornelis: 1898-1972, Dutch Graphic Artist; Lila, 460; Polarity, 555
- Estes, Clarissa Pinkola: 1943-, American Psychoanalyst, Ethnologist, Writer; Logos, 477; Skill, 660
- Euripides: c. 485-406 BCE, Greek Dramatist, Poet; Acceptance, 22; Balance, 79; Change, 111; Character, 119; Courage, 174; Criticism, 183; Direction, 234; Focus, 314; Friendship, 322; Grief, 342; Learning, 440; Love-Agape, 482; Optimism, 536; Simplicity, 651; Success, 682; Wealth, 744

- Evans, Bergen Baldwin: 1904-1978, American Lexicographer; Insanity, 412; Wisdom, 751
- Evans, Mari E.: 1923-, African-American Poet; Limitation, 465; Logos, 477; Partnership, 542
- Everett, Douglas: Dreams, 255
- Evert, Christine Marie: 1954-, American Tennis Player; Confidence, 148
- Faber, Frederick William: 1814-1863, English Priest, Hymn-writer; Belief, 92; Compassion, 137; Forgiveness, 319; Friendship, 324; Relativity, 602; Skill, 659
- Fairbairn, Ann (Dorothy Tait): 1902-1972, American Writer, Journalist; Oppression, 535
- Fairbanks, Charles Bullard: 1827-1859; Strength, 676
- Fanon, Frantz Omar: 1925-1961, Martiniquan Psychoanalyst, Social Theorist; Death, 198; Engagement, 258; Passion, 546
- Faraday, Ann: 1935-, American Psychologist, Dream Researcher; Dreams, 254
- Faraday, Michael: 1791-1867, English Chemist, Physicist; Flexibility, 312
- Farcet, Gilles: 1959-, French Writer; Relationship, 600
- Farrakhan, Louis Abdul (Louis Eugene Walcott): 1934-, African-American Islamic Leader; Belief, 97; Disclosure, 241; Ethics, 274; Growth, 347
- Farrell, Joseph: 1841-1885, Irish Priest, Educator, Writer; Equanimity, 270; Fault, 301
- Faulkner, William Cuthbert: 1897-1962, American Writer, Nobel Laureate; Comparison, 135; Grief, 343; Suffering, 688
- Fayan Wenyi: 885-958, Chinese Chan Master, Fayan School Founder; Criticism, 184; Learning, 441; Limitation, 462
- Feather, William: 1889-1981, American Publisher, Writer; Deferment, 206; Determination, 226; Haste, 356; Idea, 380; Inspiration, 421; Success, 683; Today, 711
- Feild, Reshad: 1934-, British Singer, Sufi Teacher; Presence, 576
- Fellini, Federico: 1920-, Italian Film Director; Passion, 546; Spontaneity, 675
- Fénelon, François de Salignac de la Mothe: 1651-1715, French Theologian; Fault, 301; Loquacity, 480; Simplicity, 652; Vision, 736
- Fenyang Shanzhao: 947-1024, Chinese Chan Buddhist Master; Attention, 63; Being, 87; Delusion, 209; Detachment, 223; Insight, 416
- Ferguson, Marilyn: 1938-, American Writer, Mind Researcher; Art, 58; Attention, 67; Attitude, 72; Change, 115; Chaos, 118; Conformity, 155; Daring, 192; Depression, 217; Detachment, 223; Direction, 235; Distraction, 245; Ethics, 274; Failure, 295; Fear, 305; Habit, 350; Having, 362; Health, 369; Insight, 419; Journey, 436; Learning, 445; Liberation, 454; Limitation, 466; Logos, 477; Meaning, 500; Meditation, 507; Paradox, 539; Reciprocity, 594; Relationship, 599; Responsibility, 617; Simplicity, 654; Skill, 660; Suffering, 691; Teaching, 700; Thinking, 705; Transformation, 717; Understanding, 729; Value, 733; War, 743
- Ferrini, Paul: American Writer, Counselor; Failure, 296
- Ferrucci, Piero: 1946-, Italian Psychologist; Acceptance, 25; Art, 59; Cause, 106; Chaos, 118; Enlightenment, 266; Submission, 681
- Feuerstein, Georg: 1947-, German/American Yogi, Scholar; Shadow, 646; Spirituality, 673; Transformation, 717
- Feynman, Richard Phillips: 1918-1988, American Physicist; Balance, 81
- Ficino, Marsilio: 1433-1499, Italian Philosopher; Being, 87; Goal, 333; Sensibility, 636
- Fielding, Henry: 1707-1754, English Writer, Dramatist, Journalist; Equanimity, 270; Feeling, 306; Prudence, 580; Wealth, 745
- Fields, William Claude: 1880-1946, American Comedian; Attitude, 70; Sex, 640
- Fierstein, Harvey Forbes: 1954, American Dramatist, Actor, Gay Activist; Commitment, 130; Identity, 383
- Findhorn Community, The: Scottish New Age Community; Autonomy, 76; Oneness, 528
- Finley, James: 1943-, American Writer; Meaning, 500
- Fisher, Dorothy Canfield: 1879-1958, American Writer; Dependence, 214; Goal, 335
- Fitzgerald, Ella: 1917-1996, African-American Jazz Singer; Direction, 235; Inspiration, 421
- Fitzgerald, Francis Scott: 1896-1940, American Writer; Actualization, 33; Determination, 226; Openness, 530; Perspective, 551; Equanimity, 271
- Flandrau, Charles Macomb: 1871-1938, American Writer; Presence, 573
- Flaubert, Gustave: 1812-1880, French Writer; Loquacity, 481; Love-Eros, 488
- Fletcher, John: 1579-1625, English Dramatist; Action, 29; Relationship, 596
- Floyd, Doug: Conformity, 155
- Fontaine, Jean de la: 1621-1695, French Poet, Fabulist; Death, 195; Passion, 544; Patience, 547; Self-Reliance, 633
- Forbes, Bertie Charles: 1880-1954, Scottish Journalist; Commitment, 129; Confidence, 148; Goal, 335; Jealousy, 432; Simplicity, 653; Trust, 718
- Forbes, Malcolm Stevenson: 1919-1990, American Publisher; Happiness, 355; Openness, 531; Regret, 595; Revenge, 623; Teaching, 700; Value, 732; Zeal, 768
- Ford, Gerald Rudolph, Jr.: 1913-, 38th US President; Success, 683
- Ford, Henry: 1863-1947, American Industrialist, Inventor, Philanthropist; Ability, 21; Attitude, 70; Character, 120; Collaboration, 126; Complacency, 142; Failure, 293; Fault, 301; Giving, 329; Insecurity, 414; Learning, 442; Little, 472; Passion, 545; Possibility, 559; Preparation, 570; Presence, 573; Success, 682; Thinking, 703; Today, 711; Work, 758
- Foreman, George Edward: 1949-, African-American Boxer; Dreams, 255
- Forster, Edward Morgan: 1879-1970, English Writer, Essayist, Literary Critic; Belief, 94; Creativity, 179; Death, 196; Dependence, 214; Faith, 298; Feeling, 308; Influence, 403; Logos, 476
- Fortunato, John: Journey, 437; Submission, 681
- Fosdick, Henry Emerson: 1878-1969, American Cleric, Writer; Direction, 235; Discipline, 237; Focus, 316; Possibility, 559; Spirituality, 670; Wonder, 754; Work, 759
- Foster, Jodie (Alicia Christian): 1962-, American Actress; Conformity, 155
- Foster, Luella: U. S. Peace Corps Volunteer; Lila, 461
- Foucault, Michel: 1926-1984, French Philosopher; Thinking, 704
- Fox, Emmet: 1886-1951, Irish/American Metaphysician, Unity Cleric; Choice, 123; Forgiveness, 319; Love-Agape, 484; Presence, 574; Suffering, 688
- Fox, Matthew Timothy: 1940-, American Episcopal Priest, Educator; Art, 59; Attention, 67; Belief, 97; Distraction, 245; Legacy, 448; Release, 607; Sex, 643; Work, 760
- Fox, Michael Wilson: 1937-, British/American Veterinarian, Ethologist, Conservationist; Attitude, 72; Cause, 106; Connection, 162; Evil, 277; Innocence, 410; Oneness, 527; Openness, 531; Reciprocity, 594
- Frame, Janet Paterson: 1924-, New Zealander Poet, Writer; Time, 709
- France, Anatole (Jacques Anatole François Thibault): 1844-1924, French Writer, Critic; Accomplishment, 27; Change, 112; Delusion, 210; Dreams, 251; Equanimity, 270;

- Expression, 290; Idea, 379; Imagination, 384; Learning, 442; Seeking, 626; Simplicity, 653; Success, 682; Suffering, 687; Teaching, 699; Thinking, 702; Zeal, 766
- Francis of Assisi (Giovanni Bernardone): c. 1181-1226, Italian Monk, Founder of the Franciscan Order, Saint; Belief, 90; Example, 278; Forgiveness, 318; Humility, 372; Liberation, 450; Meditation, 504; Possibility, 557; Seeking, 625; Shadow, 644; Silence, 647; Wealth, 745
- Francis, Brendan: Confidence, 148; Decision, 201; Fear, 305; Inspiration, 421; Loneliness, 479; Relativity, 603; Skill, 660; Today, 712
- Franck, Frederick Sigfred: 1909-, Dutch Physician, Artist, Writer; Art, 57; Belief, 96; Centering, 109; Identity, 382; Logos, 476; Questioning, 583; Spirituality, 671; Value, 732; Vision, 738; Wonder, 755
- Frank, Anne (Annelies Marie): 1929-1945, Dutch Jewish Diarist; Character, 121; Engagement, 258; Giving, 332
- Frank, Lawrence Kelso: 1890-1968, American Psychologist; Release, 606
- Frankl, Viktor Emil: 1905-1998, Austrian Psychotherapist, Concentration Camp Survivor; Attitude, 71; Change, 114; Cost, 173; Decision, 201; Goal, 336; Happiness, 354; Individuality, 396; Love-Agape, 485; Meaning, 499; Success, 683; Suffering, 689; Work, 760
- Franklin, Benjamin: 1706-1790, American Statesman, Scientist, Inventor, Writer; Action, 29; Adversity, 37; Cost, 172; Deferment, 205; Diligence, 232; Example, 278; Expectation, 280; Expedience, 283; Failure, 292; Friendship, 323; Health, 364; Humility, 373; Insanity, 411; Introspection, 428; Laziness, 438; Lila, 458; Little, 471; Passion, 544; Patience, 547; Relationship, 596; Self-Reliance, 633; Skill, 658; Tact, 697; Time, 706; Value, 731; War, 740; Wealth, 745; Wisdom, 749; Worry, 763
- Fredericks, James L.: Friendship, 326
- Freud, Anna: 1895-1982, Austrian/British Psychoanalyst; Creativity, 180; Self-Reliance, 635
- Freud, Sigmund: 1856-1939, Austrian Physicist, Founder of Psychoanalysis; Affirmation, 42; Belief, 92; Connection, 159; Continuity, 167; Delusion, 210; Dreams, 251; Insight, 417; Logos, 475; Love-Eros, 488; Relativity, 602; Self, 630; Sincerity, 656; Struggle, 678; Value, 731
- Fripp, Robert: 1946-, British Rock Musician; Journey, 436; Listening, 469
- Fritz, Robert: 1943-, American Management Consultant; Creativity, 182; Limitation, 467; Vision, 739
- Fromm, Erich: 1900-1980, German/American Psychoanalyst, Writer; Art, 57; Conformity, 154; Conscience, 165; Cost, 173; Courage, 177; Criticism, 186; Delusion, 211; Dependence, 215; Dreams, 253; Ethics, 273; Giving, 331; Goal, 336; Greed, 341; Haste, 357; Having, 362; Individuality, 396; Integrity, 412; Insecurity, 415; Integrity, 425; Loneliness, 479; Love-Agape, 485; Love-Eros, 490; Meaning, 498; Power, 564; Reciprocity, 592; Relationship, 597; Self, 631; Time, 708
- Frost, David Paradine: 1939-, English TV Host, Writer; Success, 684
- Frost, Robert Lee: 1874-1963, American Poet; Acceptance, 24; Composure, 145; Continuity, 168; Determination, 226; Equanimity, 271; Exploration, 288; Happiness, 353; Insanity, 412; Limitation, 464; Love-Agape, 484; Love-Eros, 488; Release, 605; Work, 759; Worry, 763; Zeal, 766
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- Kennedy, John Fitzgerald: 1917-1963, 35th US President; Adversity, 39; Art, 58; Cause, 106; Chaos, 117; Compassion, 138; Conformity, 155; Courage, 177; Disclosure, 241; Idea, 380; Inaction, 392; Influence, 404; Liberation, 454; Strength, 677; Tolerance, 714; Truth, 725; War, 742
- Kennedy, Joseph Patrick: 1888-1969, American Entrepreneur; Determination, 226
- Kennedy, Marilyn Moats: 1943-, American Writer; Decision, 201
- Kennedy, Robert Francis: 1925-1968, American Legislator; Conflict, 151; Daring, 192; Influence, 404
- Kerli, James Leo: Individuality, 397
- Kerouac, Jack (Jean-Louis Lebris de): 1922-1969, Québécois-American Writer, Poet; Compassion, 138; Conformity, 155; Continuity, 169; Dreams, 254; Presence, 575; Spontaneity, 675; Zeal, 768
- Ketcham, Katherine: Congruence, 158
- Kettering, Charles Franklin: 1876-1958, American Engineer, Inventor; Ability, 21; Change, 113; Continuity, 168; Dispatch, 242; Exploration, 288; Failure, 293; Haste, 356; Openness, 530; Solution, 667; Today, 711; Wonder, 754; Work, 759
- Keyes, Kenneth Scofield: 1921-1995, American Writer; Happiness, 355; Having, 362; Learning, 444; Liberation, 454; Love-Eros, 492; Presence, 575; Reciprocity, 593
- Keyes, Ralph Jeffrey: 1945-, American Writer; Distraction, 245; Haste, 357
- Keynes, John Maynard: 1883-1946, British Economist; Idea, 379; Impermanence, 389
- Keyserling, Hermann Alexander: 1880-1946, German Social Philosopher; Partnership, 541
- Khan, (Ustad) Ali Akbar: 1922-, Indian Musician, Composer, Educator; Music, 520
- Khan, Hazrat Inayat: 1882-1927, Indian Sufi Master, Musician; Appreciation, 53; Attention, 64; Change, 113; Communication, 132; Compassion, 138; Composure, 145; Congruence, 157; Connection, 160; Conviction, 171; Criticism, 185; Dance, 188; Differentiation, 230; Diversity, 247; Engagement, 258; Fault, 301; Feeling, 308; Friendship, 325; Giving, 330; Happiness, 354; Health, 366; Individuality, 395; Liberation, 452; Limitation, 464; Logos, 476; Love-Agape, 484; Music, 519; Oneness, 525; Openness, 530; Power, 564; Reality, 586; Release, 605; Responsibility, 615; Spirituality, 670; Suffering, 688; Tact, 697; Truth, 723; Vision, 737; Wisdom, 750; Wonder, 754
- Khan, Vilayat Inayat: 1916-2004, Indian-British Sufi Master, Writer; Adversity, 39; Appearance, 51; Art, 58; Autonomy, 76; Balance, 81; Belief, 96; Cause, 106; Change, 114; Congruence, 158; Criticism, 187; Dance, 189; Depression, 217; Disclosure, 241; Enlightenment, 266; Exploration, 289; Fault, 302; Focus, 316; Forgiveness, 320; Individuality, 396; Influence, 404; Insight, 418; Integrity, 425; Liberation, 454; Lila, 461; Limitation, 465; Love-Agape, 485; Meditation, 507; Memory, 510; Perspective, 551; Polarity, 556; Possibility, 560; Presence, 575; Reality, 587; Release, 606; Renewal, 611; Solution, 667; Suffering, 689; Trust, 719; Truth, 725; Value, 732
- Khrushchev, Nikita Sergeevich: 1894-1971, Russian Statesman, USSR Premier; Commitment, 129; Expedience, 283; Teaching, 699
- Kieran, John Francis: 1892-1981, American Editor; Zeal, 767
- Kierkegaard, Søren Aabye: 1813-1855, Danish Philosopher, Theologian; Adversity, 38; Belief, 92; Daring, 190; Enjoyment, 261; Haste, 356; Life, 456; Limitation, 463; Love-Agape, 483; Passion, 545; Patience, 548; Possibility, 558; Teaching, 699; Truth, 722; Understanding, 729
- Kim, Tae Yun: 1946-, Korean Martial Artist, Founder of Jung SuWon; Appearance, 51; Appreciation, 54; Attention, 67; Attitude, 72; Cause, 106; Failure, 295; Greed, 341; Idea, 380; Manifestation, 496; Oneness, 528; Patience, 548; Polarity, 556; Preparation, 570; Presence, 577; Release, 607; Self, 632; Shadow, 646; Vision, 739
- King, Billie Jean: 1943-, American Tennis Player; Daring, 192
- King, Coretta Scott: 1927-2006, African-American Civil Rights Activist; Breakthrough, 100
- King, Martin Luther, Jr.: 1929-1968, African-American Civil Rights Leader, Cleric, 1964 Nobel Laureate; Accomplishment, 27; Adversity, 40; Beginning, 85; Breakthrough, 100; Collaboration, 127; Compassion, 139; Composure, 146; Conformity, 155; Connection, 162; Conscience, 165; Conviction, 171; Cost, 173; Courage, 177; Criticism, 187; Deferment, 207; Delusion, 212; Direction, 235; Engagement, 259; Ethics, 274; Evil, 277; Expectation, 282; Forgiveness, 320; Giving, 332; Guilt, 348; Hate, 359; Journey, 436; Legacy, 448; Liberation, 454; Limitation, 466; Love-Agape, 485; Means, 502; Oppression, 535; Solution, 667; Struggle, 679; Thinking, 705; Time, 709; Value, 733; War, 743; Work, 760
- King, Yolanda Denise: 1955-, African-American Actress; Experience, 286
- Kingsley, Charles: 1819-1875, English Writer, Poet, Lecturer, Cleric; Discipline, 237; Zeal, 766
- Kingsolver, Barbara: 1955-, American Writer, Essayist; Expectation, 282; Memory, 510; Presence, 578; Renewal, 612; Sensibility, 639
- Kingston, Maxine Hong: 1940-, Chinese-American Writer; Identity, 383; Paradox, 539
- Kipling, (Joseph) Rudyard: 1865-1936, English Writer, Poet; Composure, 145; Dispatch, 242
- Kissinger, Henry: 1923-, German/American Historian, Statesman; Chaos, 117; Reality, 587
- Klee, Paul: 1879-1940, Swiss Painter, Engraver, Teacher; Art, 56
- Kleiser, Glenville: 1868-1953, American Writer; Accomplishment, 27; Adversity, 38; Laziness, 439; Opportunity, 533; Practice, 567; Self-Reliance, 634; Thinking, 703; Today, 711; Vision, 737
- Knaster, Mirka: American Alternative Health Educator, Writer; Dance, 189
- Kneller, George: d. 1999, American Psychologist; Creativity, 181
- Knight, Charlie: 1909-, Native American Ute Medicine Man; Journey, 435
- Knowlton, Judith M.: Choice, 124; Renewal, 612
- Koestler, Arthur: 1905-1983, Hungarian/British Writer; Cause, 105; Creativity, 180; Ingenuity, 407

- Koller, Alice: 1924-, American Philosopher; Solitude, 665; Work, 760
- Kongfuzi (Confucius): c. 551–c. 479 BCE, Chinese Philosopher, Educator, Political Theorist; Action, 28; Actualization, 31; Adversity, 36; Balance, 79; Change, 111; Comparison, 134; Congruence, 156; Courage, 174; Criticism, 183; Daring, 190; Death, 193; Determination, 224; Distraction, 243; Equanimity, 267; Ethics, 272; Example, 278; Expedience, 283; Experience, 284; Failure, 292; Flexibility, 311; Forgiveness, 318; Giving, 327; Goodness, 338; Haste, 356; Influence, 400; Introspection, 427; Journey, 433; Learning, 440; Logos, 474; Music, 518; Passion, 544; Preparation, 569; Prudence, 579; Reciprocity, 589; Retreat, 620; Self-Reliance, 633; Sincerity, 655; Solitude, 661; Truth, 720; Value, 730; Work, 757
- Koo, Cameron: Australian Humorist; Criticism, 187; Presence, 578
- Kornfield, Jack: 1945-, American Psychologist, Teacher, Writer; Appreciation, 54; Attention, 67; Forgiveness, 321; Giving, 332; Presence, 577; Suffering, 691
- Kostelanetz, Andre: 1901-1980, American Conductor; Silence, 649
- Kostelanetz, Richard Cory: 1940-, American Critic, Cultural Historian; Learning, 445
- Kozlovsky, Daniel: 1937-, American Biologist; Limitation, 466
- Kraus, Karl (1): 1868-1962, German Artist; Expression, 290; Unconscious, 726
- Kraus, Karl (2): 1874-1936, Austrian Satirist, Critic, Poet; Deferment, 206; War, 741
- Krimsky, Joseph Hayyim: 1883-1971, Russian/American Surgeon, Writer; Health, 366
- Krishnamurti, Jiddu: 1895-1986, Indian Philosopher, Writer; Autonomy, 75; Beginning, 85; Belief, 95; Breakthrough, 99; Commitment, 129; Comparison, 135; Composure, 146; Criticism, 186; Death, 196; Delusion, 211; Desire, 220; Enlightenment, 265; Ethics, 273; Fear, 304; Innocence, 410; Insecurity, 414; Introspection, 429; Journey, 435; Learning, 443; Liberation, 453; Life, 457; Listening, 469; Meditation, 506; Passion, 546; Presence, 574; Relationship, 597; Renewal, 611; Seeking, 626; Sex, 641; Silence, 649; Solitude, 664; Solution, 667; Time, 708; Transformation, 716; Truth, 724; Understanding, 729
- Kronenberger, Louis: 1904-1980, American Writer, Critic; Disclosure, 241; Haste, 357; Humor, 376
- Krutch, Joseph Wood: 1893-1970, American Essayist; Love-Eros, 490
- Kübler-Ross, Elisabeth: 1926-, Swiss-American Psychiatrist, Thanatologist; Adversity, 39; Appearance, 51; Choice, 123; Composure, 146; Impermanence, 390; Insight, 418; Responsibility, 616; Silence, 650; Suffering, 690; Today, 712
- Kurosawa Akira: 1910-1998, Japanese Filmmaker; Insanity, 412
- Kurtz, Ernest: Samuel, 158
- Kushner, Harold Samuel: 1935-, American Rabbi, Writer; Suffering, 691
- Kushner, Malcolm L.: 1952-, American Writer; Complacency, 142; Humor, 377
- Kyd, Thomas: 1558-1594, English Dramatist, Poet; Insanity, 411
- La Bruyère, Jean de: 1645-1696, French Moralizer, Satirist; Friendship, 323; Humility, 372; Solitude, 662; Time, 706; Truth, 721
- Lagemann, John Kord: c. 1910-1969, American Journalist; Insight, 418
- Laing, Ronald David: 1927-1989, Scottish Psychiatrist, Psychoanalyst, Poet; Attention, 65; Change, 114; Conflict, 151; Delusion, 212; Fear, 305; Guilt, 348; Identity, 382; Insanity, 412; Possibility, 561; Relationship, 598; Suffering, 690
- Lamartine, Alphonse Marie-Louis de Prat de: 1790-1869, French Poet, Historian, Statesman; Continuity, 167; Flexibility, 312; Love-Agape, 483
- Lamb, Charles: 1775-1834, English Essayist, Critic; Equanimity, 270; Goodness, 339; Inaction, 391; Thinking, 701
- Lame Deer, John 'Fire' (Tacha Ushte): 1903-1976, Native American, Sioux Shaman, Activist; Diversity, 248; Meaning, 498; Vision, 738
- L'Amour, Louis Dearborn: 1908-1988, American Writer; Affirmation, 43; Autonomy, 75; Beginning, 85; Complacency, 142; Deferment, 207; Learning, 444; Little, 473; Renewal, 611; Revenge, 623; Work, 760
- Land, George Thomas Lock: 1933-, American Writer; Growth, 347
- Landers, Ann (Esther Pauline Lederer): 1918-2002, American Advice Columnist; Adversity, 39; Confidence, 148; Defeat, 203; Determination, 227; Friendship, 326; Love-Eros, 492; Opportunity, 534
- Landon, Michael (Eugene Maurice Orowitz): 1937-1991, American Actor, Producer, Director, Writer; Today, 712
- Landowska, Wanda Aleksandra: 1877-1959, Polish Musician; Learning, 442
- Langbridge, Frederick: 1849-1923, American Poet, Writer; Perspective, 550
- Laozi (Lao Tse/Lao Tzu): 570-490 BCE, Chinese Philosopher, Founder of Daoism; Acceptance, 22; Action, 28; Balance, 79; Beginning, 83; Centering, 108; Change, 111; Comparison, 134; Compassion, 136; Composure, 143; Conformity, 152; Connection, 159; Death, 193; Desire, 218; Detachment, 222; Direction, 234; Distraction, 243; Equanimity, 267; Exploration, 287; Failure, 292; Flexibility, 311; Giving, 327; Goodness, 338; Greed, 340; Haste, 356; Having, 360; Humility, 372; Inaction, 391; Indulgence, 398; Ingenuity, 407; Innocence, 409; Integrity, 422; Introspection, 427; Journey, 433; Little, 470; Love-Agape, 482; Love-Eros, 487; Meditation, 503; Oneness, 521; Paradox, 538; Patience, 547; Perspective, 549; Polarity, 553; Practice, 566; Preparation, 569; Presence, 571; Release, 604; Self, 629; Silence, 647; Simplicity, 651; Solitude, 661; Solution, 666; Spontaneity, 674; Strength, 676; Submission, 680; Tact, 696; Teaching, 698; Trust, 718; Truth, 720; Vision, 735; Wealth, 744
- Larson, Doug: Limitation, 467; Loquacity, 481; Possibility, 561
- Lasorda, Tommy (Thomas Charles): 1927-, American Baseball Manager; Determination, 227
- Lassalle, Ferdinand: 1825-1864, German Socialist Leader; Passion, 545
- Law, Vernon Sanders: 1930-, American Baseball Pitcher; Experience, 286; Learning, 444
- Law, William: 1686-1761 English Mystic, Writer; Attention, 63; Distraction, 244; Enlightenment, 264; Love-Agape, 483
- Lawless, Emily: 1845-1913, Irish Writer; Legacy, 446
- Lawrence, David Herbert: 1885-1930, English Writer, Poet, Critic; Belief, 94; Courage, 176; Creativity, 179; Depression, 217; Desire, 220; Dreams, 252; Equanimity, 271; Ethics, 273; Giving, 331; Goal, 335; Grief, 343; Insight, 418; Integrity, 424; Life, 456; Loquacity, 481; Passion, 546; Presence, 574; Sex, 640; Shadow, 645; Submission, 680; Thinking, 704; Truth, 723; Vision, 737
- Lawrence, Jacob Armstead: 1917-2000, African-American Artist; Communication, 133
- Lawrence, Thomas Edward: 1888-1935, British Militarist, Archaeologist, Translator; Dreams, 252
- Lawrence-Ell, George: Identity, 383; Presence, 578
- Le Corbusier (Charles Édouard Jeanneret): 1881-1965, French Architect; Presence, 573; Suffering, 688

- Le Guin, Ursula Kroeber: 1929-, American Writer, Critic, Feminist; Conflict, 151; Depression, 217; Imagination, 386; Insanity, 412; Journey, 436; Love-Eros, 492; Perspective, 551; Polarity, 556; Presence, 576; Questioning, 584; Retreat, 621
- Leach, Reginald Joseph: 1950-, American Ice Hockey Pro; Passion, 546; Success, 684
- Leadbeater, Charles Webster: 1854-1934, British Cleric, Theosophist; Limitation, 463
- Lear, Norman Milton: 1922-, American Television Producer; Little, 473
- LeBoeuf, Michael: 1942-, American Writer; Worry, 764
- Lebowitz, Frances Anne: 1951-, American Journalist; Love-Eros, 493
- Lec, Stanislaw Jerzy: 1909-1996, Polish Poet; Belief, 96; Thinking, 704
- Lee, (Nelle) Harper: 1926-, American Writer; Conscience, 165; Courage, 177
- Lee, Bruce (Lee Jun Fan): 1940-1973, Chinese/American Martial Artist, Actor, Writer; Action, 30; Actualization, 34; Defeat, 203; Enlightenment, 266; Flexibility, 313; Goal, 337; Idea, 380; Simplicity, 654
- Lee, Spike (Shelton Jackson): 1957-, African-American Filmmaker; Identity, 383
- Leibniz, Gottfried Wilhelm: 1646-1716, German Philosopher; Being, 87; Love-Eros, 488
- Lemley, Bill: Criticism, 187
- L'Engle, Madeleine Camp Franklin: 1918-, American Writer; Age, 46; Art, 58; Belief, 96; Chaos, 117; Choice, 123; Criticism, 187; Faith, 299; Insecurity, 415; Inspiration, 421; Meaning, 499; Openness, 531; Paradox, 539; Skill, 660; Wonder, 756
- Lennart, Isobel: 1915-1971, American Screenwriter; Spontaneity, 675
- Lennon, John Winston: 1940-1980, English Singer, Songwriter; Belief, 97; Chaos, 118; Connection, 163; Imagination, 386; Life, 457; Lila, 461; Reality, 588; Suffering, 691
- Leonard, George Burr: 1931-, American Educator, Writer; Dance, 189; Journey, 436; Learning, 444; Self, 632; Shadow, 645
- Lerner, Harriet: 1944-, American Psychologist, Writer; Influence, 406; Relationship, 600
- Lerner, Maxwell Alan: 1902-1992, American Writer, Educator; Breakthrough, 99; Indulgence, 399; Love-Eros, 490; Survival, 693; Time, 708
- Lesage, Alain-René: 1668-1747, French Writer; Happiness, 351
- LeShan, Lawrence Lee: 1920-, American Psychotherapist, Writer; Meditation, 507; Paradox, 539; Reality, 587
- Lessing, Doris May: 1919-, British Writer; Learning, 444; Sensibility, 638; Skill, 660; Trust, 719
- L'Estrange, Roger: 1616-1704, English Journalist, Pamphleteer, Translator; Mind, 513
- Letterman, David: 1947-, American TV Host; Indulgence, 399
- Levine, Michael: Introspection, 430; Love-Agape, 486; Opportunity, 534; Partnership, 543; Questioning, 584
- Levine, Stephen: 1937-, American Counselor, Writer; Appearance, 51; Being, 89; Breakthrough, 101; Communication, 133; Death, 198; Grief, 343; Love-Agape, 486; Meditation, 507; Oneness, 527; Practice, 568
- Lévi-Strauss, Claude Gustave: 1908-, French Anthropologist; Questioning, 583
- Lew, Cindy: Giving, 332
- Lewis, Charles Staples: 1898-1963, Irish-English Academic, Writer, Critic; Courage, 176; Creativity, 180; Ethics, 273; Friendship, 325; Grief, 343; Guilt, 348; Haste, 357; Identity, 381; Love-Eros, 490
- Lewis, W. M.: Deferment, 207
- Li Po (Li T'ai Pai): 701-762, Chinese Taoist Poet, Writer; Retreat, 620
- Lichtenberg, Georg Christoph: 1742-1799, German Physicist, Satirist, Writer; Equanimity, 270; Idea, 378; Inspiration, 420; Practice, 567; Questioning, 582
- Liebman, Joshua Loth: 1907-1948, American Rabbi, Writer; Composure, 146; Conscience, 165; Continuity, 169; Death, 197; Growth, 346; Skill, 660; Tolerance, 714
- Lilly, John Cunningham: 1915-2001, American Biologist, Writer; Faith, 299; Insight, 418; Mind, 515; Truth, 725
- Lin Yutang: 1895-1976, Chinese Writer, Dramatist, Translator; Acceptance, 24; Affirmation, 42; Age, 46; Appearance, 51; Appreciation, 54; Art, 56; Attachment, 61; Autonomy, 75; Balance, 81; Belief, 95; Cause, 105; Change, 113; Character, 121; Communication, 133; Compassion, 138; Complacency, 142; Composure, 145; Conformity, 154; Congruence, 157; Connection, 160; Continuity, 168; Courage, 176; Creativity, 180; Death, 196; Delusion, 211; Diligence, 233; Disclosure, 241; Dreams, 253; Enjoyment, 261; Expectation, 281; Experience, 286; Exploration, 288; Expression, 291; Failure, 294; Faith, 298; Feeling, 308; Focus, 316; Forgiveness, 319; Friendship, 325; Goodness, 339; Hate, 359; Having, 361; Health, 367; Humor, 376; Imagination, 385; Inaction, 392; Indulgence, 399, 403; Innocence, 410; Inspiration, 421; Integrity, 425; Jealousy, 432; Laziness, 439; Learning, 443; Liberation, 453; Lila, 460; Little, 473; Logos, 476; Love-Agape, 485; Mind, 514; Moderation, 517; Music, 520; Openness, 530; Paradox, 539; Partnership, 541; Passion, 546; Perspective, 551; Polarity, 555; Power, 564; Presence, 574; Questioning, 583; Reciprocity, 592; Restraint, 619; Sensibility, 637; Simplicity, 653; Sincerity, 656; Spontaneity, 675; Struggle, 679; Success, 683; Synthesis, 694; Teaching, 699; Truth, 724; War, 742; Wisdom, 751; Work, 760
- Lincoln, Abraham: 1809-1865, 16th US President; Actualization, 32; Age, 45; Change, 112; Character, 120; Commitment, 128; Creativity, 178; Criticism, 184; Determination, 225; Equanimity, 270; Friendship, 324; Happiness, 352; Success, 682; War, 740
- Lindbergh, Anne Morrow: 1906-2001, American Aviatix, Poet, Writer; Centering, 109; Communication, 133; Continuity, 168; Flexibility, 312; Insecurity, 415; Little, 473; Love-Eros, 490; Openness, 531; Partnership, 541; Patience, 548; Polarity, 555; Power, 564; Presence, 575; Reciprocity, 592; Relationship, 597; Simplicity, 654; Sincerity, 657; Solitude, 664; Struggle, 679; Suffering, 689
- Lindbergh, Charles Augustus: 1902-1974, American Aviator; Death, 197; Solution, 667
- Lindsay, (Nicholas) Vachel: 1879-1931, American Poet; Change, 113
- Lindsey, Margaret: Little, 473; Presence, 578
- Linji Yixuan: d. 867, Chinese Chan Master, Linji (Rinzai) School Founder; Attention, 62; Autonomy, 74; Confidence, 147; Delusion, 209; Detachment, 222; Dispatch, 242; Impermanence, 388; Liberation, 450; Mind, 512; Retreat, 620; Seeking, 624; Self, 629; Understanding, 728
- Link, Henry Charles: 1889-1952, American Psychologist; Deferment, 206
- Linkletter, Art (Arthur Gordon): 1912-, American TV Host; Ingenuity, 407
- Linnaeus (Carl von Linne): 1707-1778, Swedish Naturalist; Health, 364
- Linssen, Robert Joseph: 1940-, American Financier; Having, 362; Reciprocity, 594
- Lippmann, Walter: 1889-1974, American Journalist; Commitment, 129; Complacency, 142; Conformity, 153; Delusion, 211; Faith, 298; Goal, 335; Integrity, 424; Love-Eros, 490; Perspective, 550; Wisdom, 750

- Littlebear, Naomi: Native American Poet, Social Activist; Complacency, 142
- Liu Yiming: b. c. 1737, Chinese Taoist Adept, Scholar; Balance, 80; Breakthrough, 99; Cause, 103; Centering, 109; Comparison, 134; Complacency, 141; Determination, 225; Differentiation, 229; Discipline, 236; Dreams, 250; Engagement, 258; Influence, 401; Innocence, 409; Learning, 441; Seeking, 625; Self, 630; Simplicity, 652; Spirituality, 670; Spontaneity, 674; Survival, 693; Work, 757
- Livingston, John A.: 1937-, Canadian Ornithologist, Naturalist, Environmentalist, Educator, Writer; Connection, 162
- Livy (Titus Livius): 59 BCE-17 CE, Roman Historian; Courage, 174; Fear, 303
- Locke, Alain Le Roy: 1886-1954, African-American Scholar, Critic; Spirituality, 671
- Locke, John: 1632-1704, English Philosopher; Action, 29; Idea, 378; Openness, 529; Relativity, 601; Restraint, 618; Truth, 721
- Locke, William John: 1863-1930, English Writer; Deferment, 206; Desire, 220
- Lois, George Harry: 1931-, American Art Director; Creativity, 181
- Lombardi, Vince: 1913-1970, American Football Coach; Accomplishment, 27; Commitment, 130; Cost, 173; Defeat, 203; Success, 683
- London, Peter: American Painter, Art Therapist, Educator; Art, 59
- Long Chen Pa: 14th Century Tibetan Dzogchen Master; Humor, 374
- Longfellow, Henry Wadsworth: 1807-1882, American Poet, Writer; Acceptance, 23; Accomplishment, 26; Adversity, 37; Age, 44; Balance, 80; Being, 87; Character, 120; Compassion, 137; Conviction, 170; Distraction, 244; Giving, 328; Goal, 334; Insecurity, 413; Learning, 441; Little, 471; Music, 519; Patience, 548; Renewal, 609; Silence, 648; Simplicity, 652; Today, 711
- Lope de Vega y Carpio, Félix: 1562-1635, Spanish Dramatist, Poet, Writer; Jealousy, 431; Silence, 648; Simplicity, 652
- Lopez, Barry Holstun: 1945-, American Writer; Meaning, 501; Paradox, 539; Shadow, 646
- Lopez, Beverly: Jamaican Entrepreneur; Expedience, 283
- Lorde, Audre Geraldine: 1934-1992, African-American Poet, Writer, Lesbian-Feminist Activist; Change, 115; Collaboration, 127; Death, 198; Delusion, 212; Differentiation, 231; Diversity, 249; Feeling, 309; Guilt, 348; Integrity, 426; Learning, 444; Logos, 477; Power, 565; Sensibility, 638; Struggle, 679; Vision, 739; Work, 760
- Loren, Sophia (Sofia Villani Scicolone): 1934-, Italian Actress; Age, 46; Confidence, 148; Failure, 295; Memory, 510; Sex, 642; Zeal, 768
- Losoncy, Lewis: American Psychologist; Limitation, 467
- Lovett, Sidney: 1928-, American Cleric; Renewal, 612
- Lowell, James Russell: 1819-1891, American Poet, Editor, Diplomat; Beginning, 84; Conviction, 170; Giving, 329; Restraint, 619; Solitude, 663; Today, 711; Worry, 763
- Lowell, Robert Traill Spence, Jr.: 1917-1977, American Poet; Art, 58
- Lowen, Alexander: 1910-, American Psychotherapist, Founder of Bioenergetics Analysis; Enjoyment, 262; Growth, 346; Health, 368
- Lowery, Joseph Echols: 1924-, African-American Cleric, Civil Rights Activist; Actualization, 34; Sex, 641
- Lozowick, Lee: 1943-, American Writer, Musician, Lyricist; Attachment, 61; Journey, 436
- Lu Dong Bin: c. 798, Chinese Chan Master; Action, 28; Appearance, 49; Attention, 62; Autonomy, 73; Centering, 108; Distraction, 243; Engagement, 257; Equanimity, 269; Focus, 314; Listening, 468; Meditation, 504; Mind, 512; Presence, 571; Silence, 647; Vision, 735
- Lubac, Henri Sonier de: 1896-1991, French Cardinal, Theologian, Writer; Conflict, 150; Habit, 350; Spirituality, 671
- Lubbock, John William: 1803-1865, English Astronomer, Mathematician, Writer; Cause, 103; Cost, 172; Mind, 513; Teaching, 698; Vision, 736; Worry, 763
- Lucas, Edward Verrall: 1868-1938, English Writer; Disclosure, 240; Influence, 402
- Lucas, Frank Laurence: 1894-1967, English Writer; Passion, 546
- Lucian: c. 120-200, Syrian/Greek Writer; Death, 194; Wealth, 744
- Lucretius (Titus Lucretius Carus): c. 95-55 BCE, Roman Poet; Continuity, 166; Impermanence, 387; War, 740; Wealth, 744
- Luther, Martin: 1483-1546, German Theologian, Religious Reformer, Founder of the Lutheran Church; Belief, 91; Integrity, 422; Partnership, 540; Self, 630; War, 740
- Lynch, Thomas: 1948-, Irish-American Funeral Director, Poet, Writer; Meaning, 501; War, 743
- Lynd, Helen Merrell: 1896-1982, American Sociologist; Goal, 336; Reality, 587; Relationship, 597; Spontaneity, 675; Thinking, 704
- Maathai, Wangari: 1940-, Kenyan Educator, Environmentalist, 2004 Nobel Laureate; Connection, 163
- Mabley, Jackie 'Moms' (Loretta Mary Aiken): 1894-1975, African-American Entertainer; Cause, 105
- MacArthur, Douglas: 1880-1964, American Militarist; Age, 45; Courage, 176; Insecurity, 414; Truth, 723
- Macaulay, (Emilie) Rose: 1881-1958, English Writer; Having, 361; Laziness, 439
- MacCarthy, Cormac: 1933-, American Writer; Integrity, 426
- MacDonald, (James) Ramsay: 1866-1937, Scottish Politician, Prime Minister; War, 741
- MacDonald, George: 1824-1905, Scottish Writer, Poet, Preacher; Death, 195; Having, 361; Lila, 459; Trust, 718
- Machado de Assis, Joaquim Maria: 1839-1908, Brazilian Writer, Poet; Conflict, 150; Continuity, 167; Insanity, 411; Loquacity, 481; Time, 707
- Machado y Ruiz, Antonio: 1875-1939, Spanish Poet; Communication, 132; Journey, 434; Perspective, 550; Questioning, 583; Wisdom, 750
- Machiavelli, Niccolò di Bernardo dei: 1469-1527, Italian Statesman, Historian, Political Philosopher; Creativity, 178; Equanimity, 269; Expedience, 283; Insecurity, 413; Prudence, 580; Tact, 696
- Mackintosh, Charles Henry: 1820-1896, Irish Writer; Evil, 277
- MacLaine, Shirley (MacLean Beaty): 1934-, American Actress, Writer; Age, 46; Grief, 343; Insecurity, 415; Love-Eros, 492; Relationship, 599
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- Neill, Alexander Sutherland: 1883-1973, Scottish Psychologist; Tolerance, 714
- Nelson, Willie (William Hugh): 1933-, American Country Singer, Songwriter; Cause, 106
- Neruda, Pablo (Ricardo Elicier Neftalí Reyes Basoalto): 1904-1973, Chilean Poet, Diplomat, Politician, 1971 Nobel Laureate; Connection, 160; Journey, 435; Meaning, 499
- Nerval, Gerard de (Labrunie): 1808-1855, French Poet, Writer; Being, 87
- Neuman, Alfred E.: 1955-, Fictional Icon of MAD Magazine; Value, 733
- Nevelson, (Leah) Louise Berliawsky: 1900-1988, Russian/American Sculptress; Age, 46; Reality, 587; Responsibility, 616
- Neville. *See* Goddard, Neville
- Newhouse, Flower A. (Mildred Arlene Sechler): 1909-1994, American Spiritualist, Writer; Focus, 316
- Newman, John Henry: 1801-1890, English Cardinal, Theologian, Poet; Ability, 21; Acceptance, 23; Action, 29; Beginning, 84; Change, 112; Courage, 175; Deferment, 205; Evil, 276; Example, 279; Insecurity, 413; Strength, 677
- Newman, Paul Leonard: 1925-, American Actor, Entrepreneur; Giving, 332
- Newton, Huey Percy: 1942-1989, African-American Activist; Struggle, 679
- Newton, Isaac: 1642-1727, English Physicist, Mathematician; Distraction, 244; Legacy, 446; Tact, 697
- Nichiren: 1222-1282, Japanese Buddhist Philosopher, Religious Reformer; Equanimity, 269; Reality, 586
- Nicol, Abioseh (Davidson Sylvester Hector Willoughby Nicol): 1924-1994, Sierra Leonean Physician, Educator, Poet, Writer; Tolerance, 714
- Niebuhr, (Karl Paul) Reinhold: 1892-1971, American Cleric, Theologian; Belief, 95; Tolerance, 714
- Niemöller, (Friedrich Gustav Emil) Martin: 1892-1984, German Cleric, Theologian; Engagement, 258
- Nietzsche, Friedrich Wilhelm: 1844-1900, German Philosopher, Critic, Poet; Adversity, 38; Affirmation, 42; Chaos, 117;

- Compassion, 137; Conviction, 171; Cost, 173; Creativity, 179; Criticism, 185; Dance, 188; Delusion, 210; Ethics, 272; Expectation, 281; Experience, 285; Forgiveness, 319; Friendship, 324; Goal, 334; Growth, 345; Having, 361; Individuality, 394; Insanity, 411; Introspection, 428; Learning, 442; Life, 456; Lila, 459; Love-Eros, 488; Meaning, 498; Memory, 509; Partnership, 540; Solitude, 663; Spirituality, 670; Struggle, 678; Suffering, 687; Transformation, 715; Truth, 722; Wisdom, 750; Zeal, 766
- Nightingale, Earl Clifford: 1921-1989, American Broadcaster, Writer; Attitude, 71; Autonomy, 76; Focus, 316; Self-Reliance, 635; Unconscious, 727
- Nightingale, Florence: 1820-1910, English Nursing Pioneer; Beginning, 84; Suffering, 686
- Nin, Anaïs: 1903-1977, French/American Writer; Art, 57; Courage, 177; Creativity, 180; Daring, 191; Death, 197; Dreams, 253; Friendship, 326; Growth, 346; Integrity, 425; Learning, 443; Life, 457; Love-Eros, 490; Meaning, 499; Passion, 546; Presence, 574; Reciprocity, 592; Release, 606; Responsibility, 616; Self, 631; Sensibility, 638; Sex, 641; Transformation, 716; Truth, 724; Unconscious, 727
- Nisargadatta Maharaj: 1897-1981, Indian Shopkeeper, Vedanta Teacher; Being, 89; Change, 113; Death, 197; Enlightenment, 265; Example, 279; Goal, 336; Happiness, 354; Imagination, 385; Inaction, 392; Meditation, 506; Mind, 514; Reciprocity, 592; Release, 606; Self, 631; Sincerity, 656; Suffering, 688; Time, 708
- Nixon, Richard Milhous: 1913-1994, 37th US President; Defeat, 203; Hate, 359
- Nizami Ganjavi (Abû Muhammad Ilyâs ibn Yûsuf ibn Zakî Mu'ayyad): 1141- c.1209, Azeri Poet, Philosopher; Adversity, 37
- Nizer, Louis: 1902-1994, American Attorney; Criticism, 186; Work, 760
- Nkrumah, Kwame (Francis Nwia-Kofi Ngonloma): 1909-1972, Ghanaian President, Pan-Africanist; Autonomy, 76
- Nonin: d. 1196; Enlightenment, 264
- Norman, Marsha Williams: 1947-, American Dramatist; Dreams, 255
- Norris, Gunilla Brodde: 1939-, Argentinian Writer; Silence, 650
- Norris, Kathleen Thompson: 1880-1966, American Writer, Pacifist, Activist; Change, 113; Goal, 335; Little, 472; Relationship, 597; Vision, 737
- Nouwen, Henri Joseph Machiel: 1932-1996, Dutch Priest, Monk, Writer; Forgiveness, 320; Friendship, 326; Retreat, 621; Silence, 650; War, 743
- Novak, Michael: 1933-, American Social Philosopher, Writer; Insight, 419; Love-Eros, 492
- O'Casey, Sean (Shaun O' Cathasaigh): 1880-1964, Irish Dramatist; Balance, 80; Humor, 375
- O'Connor, (Mary) Flannery: 1925-1964, American Writer; Habit, 350; Reciprocity, 593
- O'Faoláin, Seán (John Whelan): 1900-1991, Irish Writer; Imagination, 385
- O'Keefe, Georgia Totto: 1887-1986, American Painter; Actualization, 33; Courage, 176; Haste, 356
- O'Malley, Austin: 1858-1932, American Physician, Humorist; Conflict, 150; Deferment, 206
- O'Neill, Nena: Renewal, 612
- O'Regan, Brendan: d. c. 1992, Irish Paraphysics Researcher; Health, 371
- Oates, Joyce Carol: 1938-, American Writer; Partnership, 542; Work, 760
- Obi-Wan 'Ben' Kenobi: *Star Wars* Character; Perspective, 552
- Okri, Ben: 1959-, Nigerian Writer, Poet; Patience, 548; Suffering, 692; Wonder, 756
- Olatunji, (Michael) Babatunde: 1927-2003, Nigerian Musician, Writer; Dance, 189; Today, 712
- Onassis, Jacqueline Lee Bouvier Kennedy: 1939-1994, American First Lady, Editor; Life, 457
- O'Neill, Eugene Gladstone: 1888-1953, American Dramatist, 1936 Nobel Laureate; Breakthrough, 99; Complacency, 142; Introspection, 429
- Ono, Yoko: 1933-, Japanese/American Musician, Artist; Art, 58; Impermanence, 390; Relationship, 599
- Oppenheimer, Julius Robert: 1904-1967, American Nuclear Physicist; Happiness, 354; Meaning, 499
- Orage, Alfred Richard: 1873-1934, English Editor, Writer; Attention, 64; Feeling, 308
- Orben, Robert: 1927-, American Gag Writer; Humor, 377; Indulgence, 399
- Origen (Origines Adamantius): c. 185-255, Egyptian Philosopher; Diligence, 232; Indulgence, 398
- Ornish, Dean: 1953-, American Physician; Health, 371; Paradox, 539; Power, 565; Release, 608; Work, 761
- O'Rourke, Patrick Jake: 1947-, American Journalist; Vice, 734
- Ortega y Gasset, José: 1883-1955, Spanish Philosopher, Critic; Accomplishment, 27; Adversity, 38; Balance, 81; Decision, 200; Deferment, 206; Diversity, 247; Goal, 335; Idea, 380; Limitation, 464; Thinking, 703; Wonder, 754; Zeal, 767
- Orwell, George (Eric Arthur Blair): 1903-1950, English Writer, Critic; Happiness, 354; Liberation, 453; Today, 712
- Osborn, Francis: 1593-1659, English Writer; Tact, 697
- Osho (Bhagwan Shree Rajneesh): 1931-1990, Indian Guru; Acceptance, 24; Dependence, 215; Differentiation, 230; Having, 362; Integrity, 426; Lila, 461; Meditation, 507; Presence, 576; Relationship, 598; Release, 607; Sex, 642; Wisdom, 751; Wonder, 756; Zeal, 768
- Osler, William: 1849-1919, Canadian Physician; Acceptance, 23; Criticism, 185; Deferment, 206; Diligence, 233; Dispatch, 242; Goal, 334; Health, 365; Preparation, 570; Release, 605; Struggle, 678
- Otto, Herbert Arthur: 1922-, German Writer; Growth, 346; Possibility, 560
- Otto, Whitney: 1955-, American Writer; Friendship, 326
- Ouspensky, Peter Demianovitch: 1878-1947, Russian Journalist, Writer, Lecturer; Attention, 64; Death, 196; Focus, 316; Loquacity, 481
- Overton, Patrick Miles: 1948-, Cleric, Writer, Educator; Cause, 106; Trust, 719
- Ovid (Publius Ovidius Naso): c. 43 BCE–17 CE, Roman Poet; Cost, 172; Enjoyment, 260; Expedience, 283; Health, 363; Inspiration, 420; Integrity, 422; Jealousy, 431; Laziness, 438; Love-Eros, 487; Opportunity, 532; Renewal, 609; Today, 710; Transformation, 715; Vision, 735; Worry, 762
- Owens, Jesse (James Cleveland): 1913-1980, African-American Athlete; Opportunity, 534; Struggle, 679
- Pang (Pangyun), Layman: 740-808, Chinese Basket-maker, Buddhist Writer; Delusion, 208; Equanimity, 268
- Pachacutec Inca Yupanqui: d. 1545, Inca Ruler; Patience, 547
- Paddison, Sara: 1953-, American Writer, Holistic Researcher; Forgiveness, 321; Power, 565
- Paddleford, Clementine Haskin: 1900-1967, American Editor; Self-Reliance, 635
- Padmasambhava: 8th Century Indian Buddhist Monk; Faith, 297; Mind, 512; Wisdom, 749
- Padovano, Anthony Thomas: 1934-, American Catholic Theologian, Writer; Belief, 97
- Paige, (Leroy) Satchel: 1900-1982, African-American Baseball Player; Accomplishment, 27; Age, 46; Defeat, 203; Diligence, 233; Goal, 336; Health, 367
- Paine, Thomas: 1737-1809, English/American Political Theorist, Pamphleteer; Beginning, 84; Belief, 91; Character,

- 119; Commitment, 128; Conflict, 150; Cost, 172; Delusion, 210; Determination, 225; Integrity, 423; Oneness, 523; Reciprocity, 591; Relativity, 602
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- Palmerston, Lord (Henry John Temple): 1784-1865, British Prime Minister; Relativity, 602
- Pankhurst, Emmeline Goulden: 1858-1928, English Suffragist; Struggle, 678
- Papadakis, Angie: Action, 30
- Paracelsus (Philippus Aureolus): 1493-1541, Swiss Physician, Philosopher; Distraction, 246; Dreams, 250; Faith, 297; Health, 364; Oneness, 523; Truth, 722
- Pareto, Vilfredo: 1848-1923, Italian Sociologist, Economist; Failure, 293
- Parker, Charles Christopher: 1920-1955, African-American Jazz Musician; Music, 520
- Parker, Dorothy Rothschild: 1893-1967, American Writer; Openness, 530
- Parks, Gordon Alexander Buchanan: 1912-2006, African-American Photographer, Writer, Film Director; Integrity, 425; Possibility, 560; Spontaneity, 675; Success, 683
- Parks, Rosa Louise Lee: 1913-2005, African-American Civil Rights Activist; Breakthrough, 100; Decision, 201; Liberation, 453
- Parmenter, Ross: 1912-1999, Canadian Writer; Goal, 336; Vision, 738
- Parrish, Leslie (Marjorie Helen): 1935-, American Actress; Love-Eros, 492
- Parton, Dolly Rebecca: 1946-, American Singer; Adversity, 40; Integrity, 426
- Partridge, Sybil F.: Today, 712
- Pascal, Blaise: 1623-1662, French Scientist, Mathematician, Philosopher; Affirmation, 41; Attitude, 69; Conscience, 164; Dance, 188; Deferment, 205; Distraction, 244; Experience, 284; Faith, 297; Feeling, 306; Goodness, 339; Influence, 401; Logos, 474; Loquacity, 480; Passion, 544; Presence, 572; Prudence, 580; Silence, 648; Thinking, 701; Truth, 721; War, 740
- Pasternak, Boris Leonidovich: 1890-1960, Russian Poet, Writer; Health, 367; Sincerity, 656
- Pasteur, Louis: 1822-1895, French Chemist, Bacteriologist, Immunologist; Determination, 225; Insight, 417; Preparation, 570; Zeal, 766
- Patanjali: c. 200-150 BCE, Indian Yogi; Avoidance, 77; Compassion, 136; Composure, 143; Detachment, 222; Meditation, 503; Power, 562; Practice, 566
- Pater, Walter Horatio: 1839-1894, English Critic, Writer, Lecturer; Art, 55; Experience, 285; Passion, 545
- Paterson, Katherine Womeldorf: 1932-, American Writer; Connection, 162; Differentiation, 231; Logos, 477
- Patmore, Coventry Kersey Dighton: 1823-1896, English Poet; Enjoyment, 261; Patience, 548; Vision, 736
- Patrick, John: Wisdom, 751
- Patrol Rinpoche Jigme Chokyi Wangpo: 1808-1887, Tibetan Buddhist Lama; Little, 471
- Patten, Brian: 1946-, British Poet; Death, 199
- Patterson, Floyd: 1935-, African-American Boxer; Defeat, 203; Possibility, 561
- Patton, George Smith, Jr.: 1885-1945, American Militarist; Courage, 176; Daring, 191; Failure, 294; Focus, 316; Ingenuity, 407; Wisdom, 750
- Paul of Tarsus: 10-67 CE, Jewish-Roman Writer, 1st Theologian, Saint; Cause, 102; Engagement, 257; Equanimity, 268; Impermanence, 388; Love-Agape, 482; Paradox, 538; Transformation, 715; Zeal, 765
- Paulus, Trina: American Sculptor, Writer; Release, 608
- Paz Lozano, Octavio: 1914-1998, Mexican Poet, Writer, Diplomat, 1990 Nobel Laureate; Legacy, 447; Liberation, 453; Reality, 587; Today, 712; Wisdom, 751
- Peace Pilgrim (Mildred Lisette Norman): 1908-1981, American Spiritual Teacher; Attachment, 61; Attention, 65; Collaboration, 126; Composure, 146; Criticism, 186; Differentiation, 230; Example, 279; Faith, 299; Giving, 331; Goal, 336; Growth, 346; Habit, 350; Having, 362; Journey, 435; Learning, 444; Liberation, 453; Oneness, 527; Partnership, 542; Relationship, 598; Release, 606; Silence, 649; Simplicity, 654; Suffering, 689; Thinking, 704; Worry, 764
- Peale, Norman Vincent: 1898-1993, American Cleric, Writer; Actualization, 33; Affirmation, 42; Attitude, 71; Centering, 109; Defeat, 202; Expectation, 281; Faith, 298; Fault, 302; Happiness, 354; Manifestation, 495; Possibility, 560; Reciprocity, 592; Silence, 649; Wealth, 746; Zeal, 767
- Pearce, Joseph Chilton: 1926-, American Writer; Creativity, 181
- Pearsall, Paul: American Psychologist, Writer; Chaos, 118
- Pearson, (Edward) Hesketh Gibbons: 1887-1964, English Biographer; Memory, 510
- Pearson, Carol: Exploration, 289; Journey, 437
- Peck, Morgan Scott: 1936-2005, American Psychiatrist, Writer; Acceptance, 25; Adversity, 40; Anger, 48; Attention, 66; Autonomy, 76; Avoidance, 78; Balance, 81; Belief, 97; Change, 115; Chaos, 118; Choice, 124; Commitment, 130; Communication, 133; Compassion, 140; Courage, 177; Daring, 192; Death, 198; Decision, 201; Delusion, 212; Dependence, 215; Differentiation, 231; Discipline, 237; Disclosure, 241; Diversity, 249; Dreams, 254; Engagement, 259; Enlightenment, 266; Exploration, 289; Fault, 302; Feeling, 309; Forgiveness, 320; Growth, 347; Happiness, 355; Identity, 382; Individuality, 396; Influence, 405; Insecurity, 415; Introspection, 430; Life, 457; Limitation, 466; Listening, 469; Love-Agape, 486; Love-Eros, 493; Openness, 531; Opportunity, 534; Paradox, 539; Partnership, 542; Power, 565; Questioning, 584; Relationship, 599; Release, 607; Responsibility, 617; Seeking, 627; Sex, 642; Shadow, 646; Sincerity, 657; Spontaneity, 675; Suffering, 691; Teaching, 700; Transformation, 716; Unconscious, 727; Understanding, 729; Value, 733; Wisdom, 751; Wonder, 756
- Peña, Federico Fabian: 1947-, Hispanic-American Lawyer, Legislator; Influence, 406
- Penn, Jack: Adversity, 40
- Penn, William: 1644-1718, English Quaker, Founder of the State of Pennsylvania; Communication, 131; Compassion, 136; Death, 195; Disclosure, 239; Friendship, 323; Jealousy, 431; Moderation, 517; Silence, 648; Time, 706
- Penney, James Cash: 1875-1971, American Entrepreneur; Adversity, 38
- Pennington, M. (Robert John) Basil: 1931-, American Trappist Monk, Writer; Centering, 110; Meditation, 507
- Peres, Shimon: 1923-, Israeli Prime Minister; Solution, 667
- Perlman, Alfred: 1902-, American Industrialist; Renewal, 611
- Perry, Steve: 1947-, American Writer; Regret, 595
- Pert, Candace Beebe: 1946-, American Neuroscientist, Pharmacologist; Feeling, 309; Health, 370; Insight, 419; Mind, 515
- Peter, Laurence Johnston: 1919-1990, Canadian Educator, Writer; Failure, 295; Thinking, 704
- Peters, Erskine Alvin: 1948-1998, African-American Writer, Educator; Flexibility, 313
- Peters, Tom (Thomas J.): 1942-, American Management Consultant; Change, 115; Conformity, 155; Creativity, 182; Determination, 227; Growth, 347; Humor, 377; Power, 565; Success, 684; Trust, 719

- Petit-Senn, John: 1792-1870, French Poet; Courage, 175; Criticism, 184; Ethics, 272; Skill, 658; Wealth, 745
- Petrarch (Francesco Petrarca): 1304-1374, Italian Poet; Composure, 144; Power, 562; Solitude, 661; Vice, 734
- Pettit, Bob (Robert Lee): 1932-, American Basketball Player; Determination, 227
- Phaedrus, Caius Lilius: c. 15 BCE-50 CE, Roman Writer; Humor, 374; Learning, 440
- Phillipotts, Eden: 1862-1960, English Writer, Dramatist; Wonder, 753
- Philo of Alexandria: c. 20 BCE-50 CE, Jewish-Egyptian Philosopher; Experience, 284; Humor, 374; Today, 710
- Picasso, Pablo Ruiz: 1881-1973, Spanish Painter, Sculptor, Graphic Artist; Age, 45; Art, 56; Creativity, 179; Expedience, 283; Exploration, 288; Imagination, 385; Inspiration, 421; Love-Eros, 489
- Pickens, William: 1881-1954, African-American Educator, Orator; Belief, 94; Collaboration, 126; Delusion, 211; Expedience, 283
- Pickford, Mary (Gladys Louise Marie Smith): 1893-1979, Canadian/American Actress; Failure, 294
- Picon, Gaeton: 1915-, French Writer; Criticism, 187
- Pierce, Anne Marie Bernheim: 1943-, French/American Educator; Dreams, 255
- Piercy, Marge: 1936-, American Poet, Writer, Feminist; Affirmation, 43; Connection, 162; Engagement, 259
- Pierrakos, Eva: 1915-1979, Austrian/American Channel; Adversity, 39
- Pike, Albert: 1809-1891, American Lawyer, Militarist, Writer; Adversity, 38; Cause, 103; Perspective, 550; Questioning, 582; Thinking, 702
- Pindar: 518-438 BCE, Greek Poet; Action, 28; Deferment, 204; Integrity, 422; Introspection, 427; Limitation, 462; Possibility, 557; Skill, 658
- Pines, Ayala Malach: 1945-, Russian/American Psychologist, Writer; Jealousy, 432
- Pirandello, Luigi: 1867-1936, Italian Writer; Focus, 315; Goal, 334; Insight, 417
- Pirsig, Robert Maynard: 1928-, American Writer; Chaos, 118; Deferment, 207; Reality, 587; Value, 733
- Pitt, William, the Younger: 1759-1806, English Prime Minister; Liberation, 450
- Plato: c. 427-347 BCE, Greek Philosopher; Age, 44; Beginning, 83; Death, 193; Delusion, 208; Desire, 218; Direction, 234; Fear, 303; Goodness, 338; Happiness, 351; Health, 363; Learning, 440; Lila, 458; Little, 470; Loquacity, 480; Restraint, 618; Self-Reliance, 633; Simplicity, 651; Teaching, 698; Truth, 720; Understanding, 728; Wisdom, 748; Wonder, 752
- Plimpton, George Ames: 1927-, American Writer, Athlete; Time, 709
- Pliny the Elder (Gaius Plinius Secundus): 23-79, Roman Naturalist, Historian, Militarist; Chaos, 116; Greed, 341; Jealousy, 431; Paradox, 538; Possibility, 557
- Pliny the Younger (Gaius Plinius Caecilius Secundus): c. 61-c. 112, Roman Orator; Having, 360
- Plomer, William Charles Franklin: 1903-1973, South African/British Writer; Synthesis, 695
- Plotinus: 205-270, Egyptian-Roman Philosopher; Being, 86; Evil, 275; Introspection, 428; Oneness, 522; Vision, 735
- Plutarch: c. 46-c. 120, Greek Biographer, Philosopher; Anger, 47; Cost, 172; Courage, 174; Determination, 224; Equanimity, 268; Happiness, 351; Inspiration, 420; Listening, 468; Little, 470; Power, 562; Presence, 571; Silence, 647; Thinking, 701
- Podhoretz, Norman: 1930-, American Critic; Creativity, 181
- Poe, Edgar Allen: 1809-1849, American Poet, Writer, Editor; Dreams, 251; Shadow, 644
- Poincaré, (Jules) Henri: 1854-1912, French Mathematician; Creativity, 179
- Poitiers, Diane de: 1499-1566, French Mistress of Henri II of France; Courage, 174
- Ponder, Catherine: 1927-, American Writer, Unity Cleric; Giving, 332; Wealth, 747
- Poole, Mary Pettibone: Humor, 377
- Pope, Alexander: 1688-1744, English Poet, Translator, Editor; Attitude, 69; Disclosure, 239; Expectation, 280; Forgiveness, 318; Introspection, 428; Lila, 458; Moderation, 517; Oneness, 523
- Popper, Karl Raimund: 1902-1994, Austrian Philosopher; Death, 197
- Porchia, Antonio: 1886-1968, Italian/Argentine Writer; Conformity, 153; Delusion, 211; Integrity, 424; Journey, 435; Lila, 460; Listening, 468; Possibility, 559; Reciprocity, 592; Relativity, 603; Release, 605; Retreat, 621; Seeking, 626; Today, 711
- Post, Emily Price: 1873-1960, American Writer, Educator; Communication, 132; Compassion, 137
- Poulet, Georges: 1902-, Belgian Writer, Critic; Presence, 574
- Pound, Ezra: 1885-1972, American Poet, Critic, Editor; Liberation, 452; Suffering, 688
- Powell, Adam Clayton, Jr.: 1908-1972, African-American Clergyman, Politician; Belief, 96; Conviction, 171; Idea, 380; Liberation, 453; Spirituality, 671; Thinking, 704
- Powell, Anthony Dymoke: 1905-2000, English Writer, Critic; Affirmation, 42; Lila, 460
- Powell, Colin Luther: 1937-, Jamaican-American Militarist, Statesman; Comparison, 135; Dreams, 255; Success, 684
- Powers, Robert: Determination, 227
- Powys, John Cowper: 1872-1963, British Writer, Critic; Desire, 220; Having, 361; Insight, 417; Meaning, 498; Mind, 514
- Powys, Llewelyn: 1884-1939, English Writer, Essayist; Attention, 64; Feeling, 308; Having, 361; Sensibility, 637
- Prajnaparamita Sutra*: Buddhist Sacred Text; Wisdom, 748
- Prather, Hugh: 1938-, American Writer; Deferment, 207; Fear, 305; Meaning, 500; Partnership, 542; Presence, 576; Reality, 588; Self, 632
- Premananda Baba: 1861-1918, Indian Guru; Happiness, 353; Self-Reliance, 635
- Price, (Mary Violet) Leontyne: 1927-, African-American Opera Singer; Appearance, 51; Direction, 235; Success, 684
- Price, John Randolph: 1932-, American Writer; Truth, 725
- Priest, Ivy Baker: 1905-1975, American Stateswoman; Relativity, 603
- Priestley, John Boynton: 1894-1984, English Writer, Dramatist, Essayist; Congruence, 157; Exploration, 288; Innocence, 410; Today, 712
- Prigogine, Ilya: 1917-2003, Russian/Belgian Chemist, 1977 Nobel Laureate; Chaos, 117; Influence, 404
- Primus, Pearl: 1919-1994, Trinidadian-American Dancer, Choreographer, Educator; Dance, 189
- Prince (Rogers Nelson): 1958-, African-American Musician; Direction, 235; Success, 684
- Prior, Matthew: 1664-1721, English Poet, Diplomat; Expectation, 280; Loquacity, 480; Tact, 697
- Pritchard, Michael: American Motivational Speaker; Age, 46; Fear, 305
- Progoff, Ira: 1921-1997, American Psychologist, Educator, Writer; Centering, 110
- Prophecies of Nefer-Rohu*: 2000 BCE, Khemetic Text; Direction, 234
- Prophet, Nancy Elizabeth: 1890-1960, African-American Sculptor; Art, 56

- Proust, Marcel Valentin Louis Eugène Georges: 1871-1922, French Writer, Critic; Desire, 220; Dreams, 251; Experience, 285; Grief, 343; Suffering, 687; Time, 707; Vision, 737
- Pryor, Richard Franklin Lenox Thomas: 1940-2005, African-American Comedian; Truth, 725
- Ptahotep: c. 2350 BCE, Khemetic (Egyptian) Sage; Diligence, 232; Eloquence, 256; Greed, 340; Humility, 372; Skill, 658
- Publius Syrus: c. 42 BCE, Roman Writer; Beginning, 83; Character, 119; Daring, 190; Death, 193; Diversity, 246; Example, 278; Experience, 284; Flexibility, 311; Forgiveness, 318; Greed, 340; Happiness, 351; Health, 363; Integrity, 422; Logos, 474; Practice, 566; Prudence, 579; Relativity, 601; Solitude, 661; Suffering, 685; Vision, 735
- Pythagoras: 6th Century BCE, Greek Philosopher, Mathematician; Affirmation, 41; Criticism, 183; Restraint, 618; Silence, 647; Wisdom, 748
- Qoyawayma, Polingaysi: 1892-, Native American Hopi Painter; Diversity, 248
- Quimby, Phineas Parkhurst: 1802-1866, American Metaphysician, Healer; Belief, 92; Fear, 303; Health, 365; Identity, 381; Life, 455; Logos, 475
- Quindlen, Anna: 1953-, American Journalist; Friendship, 326
- Quintillian: c. 35-c. 100 CE, Roman Rhetorician; Defeat, 202; Distraction, 243; Diversity, 246; Focus, 314; Goodness, 338; Memory, 509
- Qur'an*: 610-622, Islamic Sacred Text; Forgiveness, 318; Having, 360; Humor, 374; Listening, 468
- Rabbani, Shoghi Effendi: 1896-1957, Iranian Baha'i Leader; Reciprocity, 591
- Rabelais, François: c. 1494-1553, French Monk, Physician, Satirist, Humanist; Autonomy, 74; Humor, 374
- Radhakrishnan, Sarvepalli: 1888-1975, Indian Philosopher, Statesman; Belief, 95
- Radner, Gilda: 1946-1989, American Comedienne; Exploration, 289; Individuality, 397; Spontaneity, 675
- Ram Dass (Richard Alpert): 1931-, American Psychologist, Teacher, Writer; Affirmation, 43; Attention, 66; Being, 89; Compassion, 139; Conflict, 151; Detachment, 223; Health, 369; Identity, 382; Insight, 419; Liberation, 454; Life, 457; Meditation, 507; Power, 565; Presence, 576; Relativity, 603; Suffering, 690
- Ramakrishna, Shri: 1834-1886, Indian Guru; Belief, 92; Mind, 513; Openness, 530
- Randolph, Asa Philip: 1889-1979, African-American Labor Leader; Collaboration, 126; War, 742
- Randolph, John: 1773-1833, American Statesman; Learning, 441
- Raspberry, William James: 1935-, African-American Columnist; Action, 30; Value, 733
- Ratushinskaya, Irina: 1954-, Russian Poet; Hate, 359
- Rawls, Lou (Louis Allen): 1937-2006, African-American Singer; Music, 520
- Ray Charles (Robinson): 1930-2004, African-American Musician; Determination, 227; Distraction, 244
- Ray, Marie Beyon: Age, 46; Dispatch, 242
- Ray, Reggie (Reginald A.): American Educator, Buddhist Teacher; Centering, 110; Journey, 437; Transformation, 717
- Read, Herbert Edward: 1893-1968, British Writer, Critic; Art, 56; Breakthrough, 99
- Reade, Charles: 1814-1884, English Writer, Dramatist; Cause, 103
- Reagan, Ronald Wilson: 1911-2004, 40th US President; Legacy, 447
- Reagon, Bernice Johnson: 1942-, African-American Singer, Activist; Adversity, 40
- Reagon, Toshi: 1964-, African-American Musician, Songwriter, Producer; Change, 115
- Rechtschaffen, Stephan: 1949-, American Physician, Founder of Omega Institute; Solitude, 665
- Rechy, John Francisco: 1934-, American Writer, Screenwriter; Memory, 510
- Redfield, James: 1950-, American Writer; Belief, 97; Expectation, 282; Wonder, 756
- Redmoon, Ambrose (James Neil Hollingworth): c. 1933-c. 1966, American Writer; Courage, 177
- Reed, Ishmael Scott: 1938-, African-American Writer, Dramatist; Legacy, 448
- Reeves, Keanu Charles: 1964-, American Actor; Attention, 68
- Régamey, Pie-Raymond: b. 1900; Attention, 65; Life, 457
- Reich, Wilhelm: 1897-1957, German Psychoanalyst, Writer; Dance, 188; Enjoyment, 262; Limitation, 465; Oneness, 526
- Reichenbach, Hans: 1891-1953, German Philosopher, Educator; Truth, 723
- Reik, Theodor: 1888-1969, Austrian/American Psychoanalyst, Writer; Attention, 64; Understanding, 729
- Reiser, Paul: 1957-, American Actor, Comedian, Writer, Producer; Little, 473
- Renan, (Joseph) Ernest: 1823-1892, French Philosopher, Philologist, Historian, Writer; Cost, 172; Legacy, 446
- Renault, Mary (Eileen Mary Challans): 1905-1983, English Writer; Evil, 277; Hate, 359
- Repplier, Agnes: 1858-1950, American Writer, Social Critic; Friendship, 324; Happiness, 353; Humor, 375; Learning, 442; Lila, 459
- Reverdy, Pierre: 1889-1960, French Writer; Creativity, 179
- Reynolds, Joshua: 1723-1792, English Painter; Openness, 529; Work, 757
- Rhone, Trevor Dave: 1940-, Jamaican Dramatist, Writer, Filmmaker; Daring, 192
- Richards, Mary Caroline: 1916-1999, American Artisan, Poet; Art, 58; Autonomy, 76; Exploration, 289; Flexibility, 313; Inspiration, 421
- Richardson, Samuel: 1689-1761, English Writer; Anger, 48
- Richmond, Lewis: 1947-, American Entrepreneur, Buddhist Teacher, Writer, Musician; Exploration, 289; Journey, 436
- Richter, Johann Paul Friedrich: 1763-1825, German Writer; Age, 44; Composure, 144; Haste, 356; Love-Agape, 483; Suffering, 686
- Rickenbacker, Edward Vernon: 1890-1973, American Aviator; Attitude, 70; Courage, 176; Having, 361
- Rickey, (Wesley) Branch: 1881-1965, American Baseball Manager; Preparation, 570; Thinking, 703
- Riesman, David, Jr.: 1909-2002, American Sociologist, Educator; Conformity, 154
- Rig Veda*: c. 3700 BCE, Hindu Sacred Text; Collaboration, 125; Giving, 327; Truth, 720
- Riggs, Marlon Troy: 1957-1994, African-American Film Producer, Director; Disclosure, 241
- Rihani, Ameen: 1876-1940, Lebanese Writer; Differentiation, 230; Renewal, 610; Survival, 693; Wisdom, 750
- Riley, James Whitcomb: 1849-1916, American Poet; Determination, 225
- Rilke, Rainer Maria: 1875-1926, Czech-Austrian Poet; Action, 29; Actualization, 32; Adversity, 38; Being, 88; Cause, 104; Commitment, 129; Composure, 145; Confidence, 148; Connection, 160; Courage, 176; Depression, 217; Differentiation, 230; Fear, 304; Feeling, 308; Giving, 330; Goal, 335; Growth, 345; Identity, 381; Impermanence, 389; Insecurity, 414; Little, 472; Loneliness, 478; Love-Eros, 489; Manifestation, 495; Partnership, 540; Patience, 548; Presence, 573; Questioning, 582; Relationship, 596; Responsibility, 615; Self-Reliance, 635; Shadow, 645; Solitude, 663; Strength, 677
- Riney, Earl: 1885-1955, American Cleric; Adversity, 39

- Rinzai. *See* Linji
- Riperton, Minnie Julia: 1948-1979, African-American Singer; Wealth, 747
- Rivaroli, Antoine de: 1753-1801, French Journalist; Inaction, 391
- Rivers, Mickey (John Milton): 1948-, African-American Baseball Player; Equanimity, 271
- Robbins, Anthony J.: 1960-, American Writer, Motivational Speaker; Ability, 21; Actualization, 35; Autonomy, 76; Belief, 97; Commitment, 130; Conformity, 155; Happiness, 355; Lila, 461; Meaning, 501; Reciprocity, 594; Vision, 739
- Robbins, Tom (Thomas Eugene): 1936-, American Writer; Delusion, 212; Possibility, 561; Value, 733
- Roberts, Jane (Butts): 1929-1984, American Writer, Channel; Actualization, 34; Dependence, 215; Dreams, 254; Feeling, 309; Integrity, 425; Self, 632; Solution, 668
- Roberts, Wess (Wesley K.): 1946-, American Writer; Actualization, 34; Failure, 295
- Robertson, Frederick William: 1816-1853, English Militarist, Anglican Cleric; Belief, 92; Commitment, 128; Evil, 276
- Robeson, Paul Leroy Bustill: 1898-1976, African-American Singer, Activist; Criticism, 186; Influence, 403
- Robinson, Jackie (John Roosevelt): 1919-1972, African-American Baseball Player; Influence, 404
- Robinson, Max Cleveland: 1939-1988, African-American TV Journalist; Limitation, 467
- Roch, Dennis: Loquacity, 481
- Roche, Arthur Somers: 1883-1935, American Writer; Worry, 764
- Rochefoucauld, François de La: 1613-1680, French Moralist, Epigrammatist; Appearance, 50; Balance, 80; Commitment, 128; Confidence, 147; Criticism, 184; Deferment, 205; Desire, 219; Eloquence, 256; Equanimity, 270; Example, 278; Expectation, 280; Fault, 301; Friendship, 323; Happiness, 351; Idea, 378; Jealousy, 431; Loquacity, 480; Love-Eros, 487; Opportunity, 532; Passion, 544; Possibility, 557; Reciprocity, 590; Self, 630; Sincerity, 655; Suffering, 686; Value, 730; Vice, 734
- Rochester, John Wilmot. *See* Wilmot, John
- Rockefeller, John Davison, Jr.: 1874-1960, American Industrialist, Philanthropist; Creativity, 179; Determination, 226; Giving, 330; Responsibility, 615; Wealth, 746; Work, 759
- Rodin, François Auguste René: 1840-1917, French Sculptor; Experience, 285; Insight, 417
- Rodman, Dennis Keith: 1961-, African American Basketball Player; Integrity, 426
- Rodriguez, Alex 'A-Rod' (Alexander Emmanuel): 1975-, Dominican-American Baseball Player; Presence, 578; Work, 761
- Roentgen, William Conrad: 1845-1923, German Physicist; Exploration, 287
- Roethke, Theodore Huebner: 1908-1963, American Poet; Possibility, 560; Vision, 738
- Rogers, Carl Ransom: 1902-1987, American Psychotherapist; Actualization, 33; Affirmation, 42; Communication, 133; Experience, 286; Learning, 443
- Rogers, William Penn Adair: 1879-1935, American Humorist, Actor, Rancher, Writer; Daring, 191; Haste, 356; Inaction, 392; Today, 711
- Rohn, Jim: American Motivational Speaker; Attitude, 72; Goal, 337; Inaction, 392; Limitation, 467
- Rolland, Romain: 1866-1944, French Writer; Music, 519
- Roman, Charles Victor: 1864-1934, African-American Ophthalmologist, Writer; Delusion, 211; War, 741
- Roosevelt, (Anna) Eleanor: 1884-1962, American First Lady, Stateswoman, Humanitarian; Acceptance, 24; Affirmation, 42; Choice, 123; Commitment, 129; Diligence, 233; Dreams, 252; Fear, 304; Friendship, 325; Growth, 345; Individuality, 395; Integrity, 424; Liberation, 452; Life, 456
- Roosevelt, Franklin Delano: 1882-1945, 32nd US President; Confidence, 148; Connection, 160; Determination, 226; Fear, 304; Happiness, 354; Limitation, 464; Loquacity, 481; Strength, 677; Tolerance, 714; War, 741
- Roosevelt, Theodore: 1858-1919, 26th US President; Action, 29; Attitude, 70; Balance, 80; Daring, 191; Expedience, 283; Failure, 293; Focus, 315; Wisdom, 750; Work, 758
- Rorem, Ned: 1923-, American Composer; Expression, 291; Friendship, 326; Inspiration, 421
- Rosenberg, Jack: Belief, 97; Journey, 437
- Ross, Diana (Diane Ernestine Earle Ross): 1944-, African-American Singer; Initiative, 408; Preparation, 570
- Rostand, Jean: 1894-1977, French Biologist, Writer; Dreams, 253; Engagement, 258; Solitude, 664; Vice, 734; War, 742
- Rosten, Leo: 1908-1997, American Writer; Courage, 177; Guilt, 348
- Rozak, Theodore: 1933-, American Scholar; Comparison, 135; Identity, 382; Imagination, 386
- Roth, Gabrielle: 1941-, American Dancer, Teacher, Musician; Dance, 189; Sensibility, 639
- Roth, Geneen: 1951-, American Writer; Means, 502
- Rouault, Georges Henri: 1871-1958, French Artist; Expression, 291
- Rousseau, Jean-Jacques: 1712-1778, Swiss-French Philosopher, Educator, Essayist; Conformity, 152; Conscience, 164; Disclosure, 239; Experience, 284; Growth, 344; Hate, 358; Imagination, 384; Innocence, 409; Loquacity, 481; Patience, 548; Wisdom, 749
- Rowe, Meredith: Deferment, 207
- Rowland, Helen: 1875-1950, British/American Writer; Fault, 301; Partnership, 541
- Rowling, Joanne Kathleen: 1966-, British Writer; Choice, 124
- Roy, Arundhati: 1961-, Indian Writer, Activist; Meaning, 501; Renewal, 612
- Rubin, Theodore Isaac: 1923-, American Psychiatrist; Accomplishment, 27; Compassion, 139
- Rubinstein, Artur: 1887-1982, Polish-American Pianist; Happiness, 354; Reciprocity, 592; Success, 683; Wonder, 754
- Rudhyar, Dane (Daniel Chennevière): 1895-1985, French/American Writer, Composer, Astrologer; Limitation, 465; Oneness, 526
- Rudrananda, Swami: 1928-1973, American Hindu Teacher; Enlightenment, 266; Submission, 681
- Ruffini, Giovanni Domenico: 1807-1881, Italian Writer; Teaching, 698; Worry, 763
- Ruiz, Miguel Angel: 1952-, Mexican Physician, Toltec Nagual; Action, 30; Choice, 124; Fear, 305; Forgiveness, 321; Logos, 477; Release, 608; Responsibility, 617; Restraint, 619
- Rukeyser, Muriel: 1913-1980, American Writer, Poet, Political Activist; Beginning, 85; Chaos, 117; Choice, 123; Engagement, 258; Meaning, 499
- Rumi, Mevlana Jalaluddin: 1207-1273, Afghani-Turkish Sufi Mystic, Poet; Acceptance, 23; Accomplishment, 26; Actualization, 31; Adversity, 36; Appearance, 49; Appreciation, 52; Balance, 79; Belief, 90; Celebration, 107; Choice, 122; Complacency, 141; Conformity, 152; Continuity, 166; Dance, 188; Death, 194; Delusion, 209; Desire, 219; Detachment, 223; Diligence, 232; Distraction, 243; Equanimity, 269; Flexibility, 312; Giving, 328; Greed, 341; Grief, 342; Growth, 344; Identity, 381; Impermanence, 388; Insanity, 411; Insecurity, 413; Insight, 416; Introspection, 428; Journey, 433; Lila, 458; Limitation, 462; Logos, 474; Love-Agape, 482; Love-Eros, 487; Paradox, 538; Partnership, 540; Passion, 544; Patience, 547; Polarity, 553;

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- Runbeck, Margaret Lee: 1905-1956, American Writer; Friendship, 326; Happiness, 354
- RuPaul Andre Charles: 1960-, African-American Entertainer; Affirmation, 43; Autonomy, 76; Congruence, 158; Connection, 163; Diversity, 249; Identity, 383; Individuality, 397; Insecurity, 415; Introspection, 430; Learning, 445
- Rushdie, Salman Ahmed: 1947-, Indian/British Writer; Belief, 97; Exploration, 289; Legacy, 448; Limitation, 467; Meaning, 501; Reality, 588
- Ruskin, John: 1819-1900, English Art Critic, Philosopher, Reformer; Actualization, 32; Art, 55; Cost, 172; Diversity, 246; Happiness, 352; Having, 361; Little, 472; Manifestation, 494; Preparation, 570; Skill, 659; Thinking, 702; Vision, 736; Wealth, 746; Work, 758
- Russell, Bertrand Arthur William: 1872-1970, English Philosopher, Mathematician, Essayist, Social Reformer, 1951 Nobel Laureate; Actualization, 32; Being, 88; Belief, 94; Chaos, 117; Conformity, 153; Death, 196; Decision, 200; Deferment, 206; Discipline, 237; Ethics, 273; Expression, 291; Fear, 304; Feeling, 307; Happiness, 353; Hate, 358; Having, 361; Lila, 459; Passion, 545; Perspective, 550; Questioning, 582; Reality, 586; Relativity, 602; Respect, 613; Thinking, 703; Time, 707; Unconscious, 726; War, 741; Work, 759; Worry, 763; Zeal, 766
- Russell, Bill (William Fenton): 1934-, African-American Basketball Player; Self, 632
- Rustin, Bayard: 1912-1987, African-American Pacifist, Civil Rights Activist; Action, 29; Fear, 305; Oneness, 527; Solution, 667
- Ruth, Babe (George Herman): 1895-1948, American Baseball Player; Collaboration, 126
- Rutherford, Mark (William Hale White): 1831-1913, English Writer; Adversity, 38; Deferment, 205; Introspection, 428
- Ryokan Taigu: 1758-1831, Japanese Zen Master, Poet, Calligrapher; Detachment, 223; Differentiation, 229; Distraction, 244; Innocence, 409; Sensibility, 636; Truth, 721
- Sa'adi, Moslih Eddin: 1184-1291, Persian Sufi Poet; Attention, 63; Example, 278; Exploration, 287; Greed, 341; Happiness, 351; Little, 471; Relativity, 601; Silence, 647; Wisdom, 749
- Sachs, A.: Death, 199
- Sackville-West, Vita (Victoria Mary): 1892-1962, English Writer, Poet, Gardener; Balance, 81; Chaos, 117; Strength, 677
- Sadat, Anwar: 1918-1981, Egyptian Political Leader; Cause, 106
- Sagan, Carl Edward: 1934-1996, American Astronomer, Writer; Distraction, 245; Love-Agape, 486; Possibility, 561
- Sahtouris, Elisabet: American/Greek Evolution Biologist; Desire, 221; Flexibility, 313; Insight, 419
- Sai Baba, Satya: 1926-, Indian Mystic; Attachment, 61; Belief, 97; Character, 121; Composure, 146; Death, 198; Desire, 221; Equanimity, 271; Giving, 332; Restraint, 619; Wealth, 747
- Saint-Exupéry, Antoine de: 1900-1944, French Writer, Aviator; Attitude, 71; Breakthrough, 99; Defeat, 202; Enjoyment, 262; Feeling, 308; Giving, 331; Having, 362; Individuality, 395; Influence, 403; Lila, 460; Little, 473; Love-Eros, 490; Meaning, 498; Relationship, 597, 616; Value, 732; Vision, 738
- Saint-Pierre, Michel de: 1916-1987, French Writer; Optimism, 537
- Salk, Jonas Edward: 1914-1995, American Physician, Virologist; Breakthrough, 100; Dreams, 254
- Salkey, Andrew: 1928-1995, Jamaican-Panamanian Writer, Editor; Engagement, 258
- Sallust (Gaius Sallustius Crispus): 86-c. 34 BCE, Roman Historian, Statesman; Anger, 47; Defeat, 202; Dispatch, 242; Impermanence, 387
- Salzberg, Sharon: Buddhist Teacher, Writer; Attachment, 61; Change, 115; Chaos, 118; Compassion, 140; Focus, 317; Influence, 406; Questioning, 584
- Sanchez, Sonia Benita: 1934-, African-American Poet, Dramatist, Activist; Connection, 162; Enlightenment, 266; Haste, 357
- Sand, George (Amandine-Aurore-Lucile Dupin): 1804-1876, French Writer, Dramatist; Appearance, 50; Happiness, 352; Life, 456; Renewal, 609; Simplicity, 652
- Sandburg, Carl August: 1878-1967, American Poet, Writer, Song Collector; Presence, 573; Solitude, 663; Time, 707; War, 741
- Santayana, George (Jorge Santayana y Borrás): 1863-1952, Spanish/American Philosopher, Writer; Belief, 93; Chaos, 117; Conscience, 165; Death, 196; Feeling, 307; Flexibility, 312; Friendship, 324; Insanity, 411; Insight, 417; Learning, 442; Legacy, 447; Life, 456; Lila, 459; Meaning, 498; Openness, 530; Passion, 545; Polarity, 554; Possibility, 559; Sensibility, 637; Wisdom, 750
- Sari al-Saqqati: fl.c. 850, Iraqi Sufi Imam; Equanimity, 269; Retreat, 620
- Saroyan, William: 1908-1981, American Writer, Dramatist; Comparison, 135; Failure, 294; Happiness, 354; Health, 368; Life, 457; Zeal, 768
- Sarton, May (Eleanor Marie): 1912-1995, American Poet, Writer; Conflict, 151; Depression, 217; Giving, 331; Integrity, 425; Learning, 444; Lila, 460; Relationship, 598; Solitude, 665; Strength, 677; Wealth, 747
- Sartre, Jean-Paul: 1905-1980, French Philosopher, Writer, Dramatist, Critic; Autonomy, 75; Liberation, 453; Lila, 460; Meaning, 499; Possibility, 560; Thinking, 704
- Saskya Pandita: 1182-1251, Tibetan Grand Lama; Collaboration, 125; Direction, 234; Little, 470; Loquacity, 480; Means, 502; Prudence, 579; Tact, 696
- Sassoon, Siegfried Lorraine: 1886-1967, English Poet, Writer; Solitude, 664
- Satir, Virginia Mildred: 1916-1988, American Therapist, Trainer, Writer; Identity, 382
- Saunders, Sean: Australian Journalist; Value, 733
- Savary, Louis Michael: 1936-, American Writer; Dreams, 254
- Sayers, Dorothy Leigh: 1893-1957, British Writer; Criticism, 186; Work, 759
- Schachtel, Hyman Judah: 1907-1990, British/American Rabbi, Writer; Happiness, 354
- Schaeff, Anne Wilson: 1934-, American Writer; Humor, 377
- Schaffer, Brenda Mae: 1955-, Brazilian/American Poet; Growth, 347
- Schelling, Andrew: 1953-, American Poet, Writer, Translator; Journey, 437
- Schelling, Felix Emmanuel: 1858-1945, American Educator; Learning, 442
- Schiller, Johann Christoph Friedrich von: 1759-1805, German Writer, Dramatist, Poet, Historian; Affirmation, 41; Conflict, 150; Daring, 190; Dreams, 251; Fear, 303; Legacy, 446; Lila, 458; Revenge, 622; Tolerance, 713; Value, 731
- Schopenhauer, Arthur: 1788-1860, German Philosopher; Cause, 103; Compassion, 137; Composure, 144; Conformity, 152; Death, 195; Disclosure, 239; Happiness, 352; Individuality, 393; Limitation, 463; Self-Reliance, 634; Solitude, 662; Time, 706; Truth, 721; Wealth, 745

- Schrödinger, Erwin: 1887-1961, Austrian Physicist, Educator, 1933 Nobel Laureate; Oneness, 526
- Schucman, Helen Cohn: 1910-1981, American Psychologist, Channel; Choice, 123; Conflict, 151; Decision, 201; Delusion, 212; Enlightenment, 265; Failure, 294; Health, 368; Love-Agape, 485; Presence, 575; Reciprocity, 593; Relationship, 598; Suffering, 689; Thinking, 704
- Schuller, Robert Harold: 1926-, American Cleric, Writer; Adversity, 39; Attitude, 71; Autonomy, 76; Commitment, 130; Determination, 227; Dreams, 254; Failure, 295; Faith, 299; Goal, 336; Inaction, 392; Limitation, 466; Perspective, 551; Possibility, 561; Preparation, 570; Solution, 667; Success, 684; Vision, 738
- Schumacher, Ernst Friedrich: 1911-1977, German/British Economist, Writer; Simplicity, 654; Wealth, 746; Wisdom, 751
- Schumann, Robert Alexander: 1810-1856, German Composer; Collaboration, 125
- Schurz, Carl: 1829-1906, German/American Lawyer, Militarist, Politician; Goal, 334; Liberation, 451
- Schwab, Charles Michael: 1862-1939, American Industrialist; Affirmation, 42; Imagination, 384; Limitation, 463; Possibility, 559; Work, 758; Zeal, 766
- Schwarz, Oswald: 1883-1949, Austrian Physician, Psychologist; Loneliness, 478
- Schwarzkopf, H. Norman: 1934-, American Militarist; Action, 30; Character, 121; Solution, 668
- Schweitzer, Albert: 1875-1965, German Theologian, Philosopher, Musician, Physician, Missionary, 1952 Nobel Laureate; Affirmation, 42; Being, 88; Compassion, 138; Example, 279; Giving, 330; Goodness, 339; Health, 366; Individuality, 394; Influence, 403; Love-Agape, 484; Meaning, 498; Optimism, 537; Practice, 567; Responsibility, 615; Revenge, 623; Spirituality, 670; Suffering, 687; Truth, 723; Value, 731; Wonder, 754; Zeal, 767
- Scott, Dennis Courtney: 1939-1991, Jamaican Poet, Dramatist; Celebration, 107; Influence, 405
- Scott, George Campbell: 1926-1999, American Actor, Film Director; Truth, 725
- Scott, Walter: 1771-1832, Scottish Writer, Historian; Age, 44; Daring, 190; Death, 195; Deferment, 205; Giving, 328
- Scott-Maxwell, Florida: 1884-1978, American Writer, Suffragist, Psychologist; Life, 456; Love-Eros, 489; Responsibility, 615
- Sealth, Chief (Seattle): 1786-1866, Native American Suquamish/Duwamish Leader; Connection, 159; Oneness, 523
- Seattle, Chief. *See* Sealth
- Seed, Jeremiah: Disclosure, 241
- Seeger, Pete: 1919-, American Singer; Action, 29; Logos, 477
- Segun, Mabel Dorothy Aig-Imoukhuede: 1930-, Nigerian Writer; Growth, 347
- Seibert, Jeff: Health, 371
- Selye, Hans: 1907-1982, Austrian/Canadian Scientist; Attitude, 71; Dreams, 253; Perspective, 551; Thinking, 704
- Sen, Amartya Kumar: 1933-, Indian Economist, Educator, Nobel Laureate 1998; Possibility, 561
- Seneca, Lucius Annaeus: c. 4 BCE-65 CE, Spanish-Roman Stoic Philosopher, Poet, Dramatist, Essayist, Rhetorician, Statesman; Acceptance, 22; Adversity, 36; Belief, 90; Collaboration, 125; Compassion, 136; Composure, 143; Confidence, 147; Courage, 174; Daring, 190; Death, 193; Deferment, 204; Direction, 234; Equanimity, 268; Evil, 275; Example, 278; Fault, 300; Giving, 327; Goodness, 338; Grief, 342; Guilt, 348; Having, 360; Health, 363; Insanity, 411; Learning, 440; Life, 455; Logos, 474; Moderation, 516; Oneness, 522; Power, 562; Preparation, 569; Reciprocity, 590; Release, 604; Seeking, 624; Simplicity, 651; Thinking, 701; Time, 706; Today, 710; Value, 730; Vice, 734; Wealth, 744; Wisdom, 748; Worry, 762
- Senesh, Hannah: 1921-1944, Hungarian Poet; Influence, 404
- Senge, Peter: 1947-, American Educator, Organizational Consultant; Accomplishment, 27; Collaboration, 127; Unconscious, 727
- Senghor, Léopold Sédar: 1906-2001, Senegalese Poet, Essayist, President; Dance, 189
- Sertillanges, Antonin Gilbert: 1863-1948, French Dominican Priest, Religious Philosopher; Character, 120; Fault, 301; Idea, 379; Self-Reliance, 634
- Service, Robert William: 1874-1958, Canadian Writer; Little, 472
- Seuss, Dr. (Theodore Seuss Geisel): 1904-1991, American Children's Writer, Illustrator; Choice, 123; Grief, 343; Humor, 376; Influence, 403; Sincerity, 657
- Sewell, Marilyn: 1941-, American Cleric; Wonder, 756
- Shabaka Text*: c. 2700 BCE, Khemetic Sacred Text; Cause, 102
- Shabazz, Betty (Betty Jean Sanders): 1934-1997, African-American Educator; Affirmation, 43; Responsibility, 617
- Shabistari, Sa'd Ud Din: 13th Century Sufi Poet; Centering, 108; Differentiation, 229; Presence, 572; Relativity, 601
- Shaffer, Peter Levin: 1926-, British Dramatist; Differentiation, 230
- Shain, Merle: 1935-, Canadian Writer; Collaboration, 127; Cost, 173; Feeling, 309; Sex, 642
- Shakespeare, William: 1564-1616, English Poet, Dramatist, Actor; Acceptance, 23; Adversity, 37; Affirmation, 41; Cause, 103; Compassion, 136; Connection, 159; Courage, 175; Death, 194; Disclosure, 238; Dreams, 250; Equanimity, 269; Expectation, 280; Expression, 290; Failure, 292; Fault, 301; Friendship, 322; Goodness, 338; Grief, 343; Haste, 356; Health, 364; Individuality, 393; Insanity, 411; Integrity, 423; Legacy, 446; Lila, 458; Loquacity, 480; Love-Eros, 487; Music, 518; Opportunity, 532; Passion, 544; Patience, 547; Possibility, 557; Questioning, 581; Restraint, 618; Silence, 648; Solution, 666; Tact, 696; Value, 730
- Shakur, Tupac Amaru: 1971-1996, African-American Rap Musician; Integrity, 426
- Shams of Tabriz (Divani Shamsi Tabriz): 13th Century Sufi Master; Relativity, 601; Worry, 762
- Shange, Ntozake (Paulette Williams): 1948-, African-American Poet, Dramatist, Writer; Diversity, 249; Feeling, 310
- Shankara, Adi: 686-718, Indian Philosopher, Writer, Poet; Attachment, 61; Being, 86; Cause, 103; Delusion, 208; Differentiation, 228; Diversity, 246; Enlightenment, 263; Liberation, 450; Reality, 585; Self, 629; Shadow, 644
- Shantideva: 7th Century Indian Buddhist Scholar; Affirmation, 41; Appearance, 49; Compassion, 136; Courage, 174; Deferment, 204; Depression, 216; Desire, 218; Discipline, 236; Equanimity, 268; Focus, 314; Greed, 341; Having, 360; Humility, 372; Impermanence, 388; Mind, 511; Opportunity, 532; Reality, 585; Solution, 666; Suffering, 686; Survival, 693; Worry, 762
- Sharma, Vishnu (Pilpay Bidpai): c. 200 BCE, Indian Sage, Royal Educator; Collaboration, 125; Deferment, 204; Desire, 218; Differentiation, 228; Dispatch, 242; Greed, 340; Grief, 342; Introspection, 428; Moderation, 516; Prudence, 579; Release, 604; Silence, 647; Wealth, 744; Wisdom, 748
- Shaw, George Bernard: 1856-1950, Irish Writer, Dramatist, 1925 Nobel Laureate; Belief, 93; Change, 112; Character, 120; Choice, 122; Decision, 200; Dependence, 214; Depression, 216; Desire, 219; Dreams, 251; Failure, 293; Faith, 297; Giving, 329; Goodness, 339; Growth, 345; Happiness, 353; Health, 365; Humor, 375; Idea, 379; Indulgence, 399; Insight, 417; Life, 456; Lila, 459;

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- Shaw, Miranda: Meditation, 508
- Sheehan, George: 1918-1993, American Writer; Integrity, 425; Sensibility, 638
- Sheehy, Gail Henion: 1937-, American Journalist; Change, 115; Daring, 192; Growth, 347; Introspection, 430
- Sheen, Fulton John: 1895-1979, American Catholic Prelate; Attitude, 70; Feeling, 308; Silence, 649
- Sheerin, John B.: American Catholic Cleric, Writer; Happiness, 355
- Sheldon, A. F.: 1868-1935; Giving, 330
- Shelley, Mary Wollstonecraft: 1759-1797, English Feminist, Writer, Teacher; Dreams, 251; Evil, 275; Feeling, 306
- Shelley, Percy Bysshe: 1792-1822, English Poet, Dramatist, Essayist; Autonomy, 74; Compassion, 137; Continuity, 167; Grief, 343; Solitude, 662; Thinking, 701; Wisdom, 749
- Shenandoah, Audrey: Native American Onondaga Clan Mother; Legacy, 448
- Shenandoah, Leon: 1915-1996, Native American Onondaga Leader, Tadodaho of Six Nations Iroquois Confederacy; Journey, 435; Strength, 677
- Sherman, Harold: 1898-1987, American Writer, ESP Researcher; Dependence, 215; Worry, 764
- Shero, Fred Alexander: 1925-, Canadian/American Ice Hockey Coach; Complacency, 142; Zeal, 768
- Shinn, Florence Scovel: 1871-1940, American Spiritual Teacher, Illustrator; Insight, 417; Manifestation, 495; Partnership, 540; Preparation, 570; Reciprocity, 591; Suffering, 687; Unconscious, 726; Vision, 737
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- Truax, Jane: Adversity, 40
- Trudell, John: Avoidance, 78
- Truman, Harry S.: 1884-1972, 33rd US President; Diligence, 233; Expression, 291; Idea, 380
- Trump, Donald John: 1946-, American Entrepreneur; Attitude, 72; Presence, 577
- Tsunetsaburo Makiguchi: 1871-1944, Japanese Philosopher, Educational Reformer, Founder of Soka Gakkai; Teaching, 699; Value, 731
- Tuan Yi-Fu: 1930-, Chinese/American Geographer, Educator, Writer; Communication, 133; Connection, 162; Ethics, 274; Goodness, 339; Skill, 660; Teaching, 700; Vision, 739
- Tucker, Margaret: Hate, 359
- Tuckerman, Henry Theodore: 1813-1871, American Critic, Essayist, Poet; Zeal, 766
- Tulku Thondup: 1939-, Tibetan Buddhist Master, Writer; Fault, 302; Health, 369; Little, 473; Presence, 577
- Tupper, Martin Farquhar: 1810-1889, English Writer, Lawyer, Inventor; Little, 472; Renewal, 609; Silence, 648
- Turgot, (Anne Robert) Jacques: 1721-1781, French Economist; Teaching, 698
- Turner, Dale E.: Failure, 296; Limitation, 467; Possibility, 561
- Turner, Lana (Julia Jean): 1920-1995, American Actress; Growth, 346
- Turner, Ted (Robert Edward): 1938-, American Entrepreneur; Confidence, 148; Inaction, 392
- Turner, Tina (Anna Mae Bullock): 1939-, African-American Singer; Power, 565; Release, 607
- Tutu, Desmond Mpiilo: 1931-, South African Anglican Prelate, Civil Rights Activist, 1984 Nobel Laureate; Affirmation, 403; Belief, 97; Compassion, 139; Connection, 162; Release, 607
- Twain, Mark (Samuel Langhorne Clemens): 1835-1910, American Writer, Humorist; Affirmation, 42; Change, 112; Conformity, 153; Courage, 175; Daring, 191; Death, 195; Delusion, 210; Diligence, 233; Disclosure, 240; Diversity, 247; Example, 279; Experience, 285; Forgiveness, 319; Grief, 343; Habit, 349; Humor, 375; Imagination, 384; Individuality, 394; Indulgence, 398; Influence, 401; Insanity, 411; Learning, 442; Limitation, 463; Logos, 475; Loneliness, 478; Opportunity, 533; Reciprocity, 591; Responsibility, 614; Shadow, 644; Teaching, 699; Vision, 736
- Tyson, Cicely: 1933-, African-American Actress; Daring, 192
- Udana-Varga*: Buddhist Sacred Text; Reciprocity, 590
- Ueland, Brenda: 1892-1985, American Writer; Courage, 176; Individuality, 395; Inspiration, 421; Lila, 460; Skill, 659
- Ueshiba, Morihei: 1883-1969, Japanese Martial Artist, Founder of Aikido; Acceptance, 24; Adversity, 38; Appearance, 50; Beginning, 84; Belief, 94; Centering, 109; Comparison, 135; Composure, 145; Conflict, 150; Congruence, 157; Criticism, 186; Decision, 201; Defeat, 202; Diversity, 247; Enlightenment, 265; Example, 279; Failure, 294; Flexibility, 312; Focus, 316; Goal, 335; Growth, 345; Insecurity, 414; Journey, 435; Learning, 443; Oneness, 526; Openness, 530; Possibility, 559; Reciprocity, 592; Renewal, 610; Sensibility, 637; Spirituality, 671; Strength, 677; Struggle, 678; Synthesis, 694; Transformation, 716; War, 742
- Ullman, James Ramsey: 1907-1971, American Writer; Sincerity, 657
- Unamuno, Miguel de: 1864-1936, Spanish Philosopher; Death, 196; Depression, 216; Individuality, 394; Love-Eros, 488
- Underhill, Evelyn: 1875-1941, English Writer, Poet; Being, 88; Cost, 173; Engagement, 258; Evil, 276; Life, 456; Possibility, 559; Responsibility, 615
- Underwood, Blair: 1964-, African-American Actor; Affirmation, 43
- Untermeyer, Louis: 1885-1977, American Poet, Editor, Writer; Humor, 376
- Upanishads*: c. 1400-c. 800 BCE, Hindu Sacred Text; Actualization, 31; Being, 86; Cause, 102; Creativity, 178; Discipline, 236; Disclosure, 238; Dreams, 250; Enjoyment, 260; Enlightenment, 263; Fear, 303; Feeling, 306; Impermanence, 387; Journey, 433; Liberation, 449; Meditation, 503; Mind, 511; Oneness, 521; Reality, 585; Release, 604; Self, 628; Spirituality, 669; Suffering, 685; Thinking, 701; Time, 706; Understanding, 728; Vision, 735; Wisdom, 748
- Updike, John Hoyer: 1932-, American Writer, Essayist, Critic; Love-Eros, 492
- Ustinov, Peter Alexander: 1921-2004, British Actor; Belief, 96; Love-Eros, 492
- Vajrachedika 'The Diamond Sutra'*: 4th Century Mahayana Buddhist Sacred Text; Impermanence, 388; Mind, 511; Truth, 720
- Valéry, (Ambroise) Paul Toussaint Jules: 1871-1945, French Poet, Mathematician, Philosopher; Attention, 64; Balance, 80; Beginning, 84; Idea, 379; Presence, 573; Truth, 723
- van Buren, Abigail (Pauline Esther Friedman Phillips): 1918-, American Columnist; Adversity, 39; Habit, 350; Revenge, 623; War, 742
- van der Post, Laurens: 1906-1996, South African Writer; Fear, 304; Forgiveness, 320
- Van Der Zee, James: 1886-1983, African-American Photographer; Happiness, 354
- Van Doren, Mark Albert: 1894-1972, American Poet, Critic; Presence, 574; Teaching, 699
- Van Dyke, Henry: 1852-1933, American Cleric, Writer; Appreciation, 53; Continuity, 167; Death, 195; Habit, 349; Happiness, 353; Individuality, 394; Skill, 659; Tact, 697; Thinking, 702; Time, 707
- van Eyck, Aldo: 1918-1999, Dutch Architect; Congruence, 158
- van Gogh, Vincent Willem: 1853-1890, Dutch Painter; Commitment, 128; Courage, 175; Daring, 191; Ethics, 272; Insecurity, 414; Insight, 417; Limitation, 463; Little, 472; Love-Agape, 483; Music, 519; Thinking, 702; Understanding, 729
- Van Praagh, James: 1960-, American Medium, Writer; Individuality, 397
- Van Zeller, Hubert: 1905-, Egyptian Benedictine Priest, Writer, Sculptor; Growth, 346
- Vanderbilt, Amy: 1908-1974, American Columnist; Feeling, 309
- Vanier, Jean: 1928-, French-Canadian Founder of L'Arche and Faith & Light Communities; Forgiveness, 320; Jealousy, 432; Listening, 469; Synthesis, 695
- Vanzant, Iyanla (Rhonda Harris): 1953-, African-American Attorney, Yoruba Priestess, Cleric, Writer; Actualization, 35; Affirmation, 43; Desire, 221; Enjoyment, 262; Failure, 296; Forgiveness, 321; Insight, 419; Jealousy, 432; Legacy, 448; Loneliness, 479; Loquacity, 481; Manifestation, 496; Memory, 510; Renewal, 612; Silence, 650; Solution, 668; Tact, 697; Today, 712; Unconscious, 727; Vision, 739
- Vasanti, Tara: Indian Reiki Master, Painter, Poet; Differentiation, 231; Direction, 235; Faith, 299; Reality, 588; Spirituality, 673
- Vaughan, Frances Elizabeth: 1935-, American Psychologist, Writer; Avoidance, 78; Delusion, 212; Lila, 461; Shadow, 646; Synthesis, 695

- Vauvenargues, Marquis de (Luc de Clapiers): 1715-1747, French Militarist, Moralist; Accomplishment, 26; Avoidance, 77; Compassion, 137; Conviction, 170; Depression, 216; Expectation, 280; Idea, 378; Insight, 416; Possibility, 557; Simplicity, 652; Spontaneity, 674; Work, 757
- Vidal, (Eugene Luther) Gore: 1925-, American Writer; Belief, 96; Sex, 642
- Virgil (Publius Virgilius Maro): 70-19 BCE, Roman Poet; Acceptance, 22; Cause, 102; Confidence, 147; Daring, 190; Death, 193
- Viscott, David: 1938-1996, American Psychiatrist, Writer; Actualization, 34; Inaction, 392; Initiative, 408; Love-Eros, 493; Relationship, 599
- Vitell, Bettina: American Zen Chef, Writer; Attention, 68; Presence, 578
- Vivekananda Narendranath Datta: 1863-1902, Indian Guru, Writer; Adversity, 38; Anger, 48; Appreciation, 53; Autonomy, 75; Balance, 80; Beginning, 84; Being, 87; Belief, 93; Cause, 104; Centering, 109; Character, 120; Collaboration, 126; Commitment, 129; Comparison, 134; Composure, 145; Conflict, 150; Congruence, 157; Continuity, 168; Courage, 175; Criticism, 185; Death, 196; Delusion, 211; Dependence, 214; Desire, 219; Determination, 226; Differentiation, 230; Diligence, 233; Disclosure, 240; Diversity, 247; Enlightenment, 264; Equanimity, 270; Ethics, 273; Evil, 276; Experience, 285; Expression, 290; Failure, 293; Faith, 298; Fault, 301; Giving, 329; Goal, 334; Grief, 343; Growth, 345; Hate, 358; Health, 366; Idea, 379; Individuality, 394; Influence, 402; Insecurity, 414; Inspiration, 420; Introspection, 428; Learning, 442; Liberation, 451; Life, 456; Lila, 459; Limitation, 463; Little, 472; Logos, 475; Love-Agape, 483; Manifestation, 495; Meaning, 498; Means, 502; Meditation, 505; Mind, 514; Moderation, 517; Music, 519; Oneness, 525; Openness, 530; Optimism, 537; Perspective, 550; Polarity, 554; Possibility, 559; Power, 563; Reality, 586; Reciprocity, 591; Relativity, 602; Responsibility, 615; Seeking, 626; Self, 631; Self-Reliance, 634; Simplicity, 653; Spirituality, 670; Strength, 677; Teaching, 699; Thinking, 703; Time, 707; Truth, 722; War, 741; Wonder, 753; Work, 758
- Voltaire, François-Marie: 1694-1778, French Philosopher, Dramatist, Historian, Writer, Critic; Appreciation, 53; Belief, 91; Chaos, 116; Courage, 175; Disclosure, 239; Faith, 297; Forgiveness, 318; Friendship, 323; Health, 364; Moderation, 517; Optimism, 536; Presence, 572; Solitude, 662; Tolerance, 713; Trust, 718; War, 740; Wonder, 752; Work, 757
- von Aue, Hartmann: 1170-1215, German Poet, Writer; Reciprocity, 590
- von Braun, Werner: 1912-1977, German-American Rocket Scientist; Chaos, 117
- von Ebner-Eschenbach, Marie: 1830-1916, Austrian Writer; Evil, 276; Opportunity, 532; Understanding, 729
- von Franz, Marie Louise: 1915-1998, Swiss Jungian Analyst, Writer; Renewal, 611
- von Knebel, Karl Ludwig: 1744-1834, German Poet, Translator; Openness, 529
- von Oech, Roger: American Motivational Educator; Conformity, 155; Failure, 296; Lila, 461; Relativity, 603
- von Weber, Karl Maria: 1786-1826, German Composer; Little, 471
- von Weizsacker, Carl Friedrich: 1912-, German Writer; Questioning, 583
- vos Savant, Marilyn: 1946-, American Columnist; Decision, 201; Defeat, 203; Determination, 227
- Vrane, Andrija: Bosnian Priest; Evil, 277; Forgiveness, 321
- Wagner, (Wilhelm) Richard: 1813-1883, German Composer; Happiness, 352
- Waitley, Dennis: American Motivational Educator; Attitude, 72; Determination, 227; Expectation, 282; Failure, 296; Goal, 337; Inaction, 392; Limitation, 467; Restraint, 619; Time, 709
- Walcott, Derek, Alton: 1930-, St. Lucian Poet, Dramatist, 1992 Nobel Laureate; Diversity, 248; Memory, 510; Self, 632
- Walker, (Addison) Mort: 1923-, American Cartoonist; Humor, 377
- Walker, Aida Overton: 1880-1914, African-American Choreographer; Appreciation, 53
- Walker, Alice Malsenior: 1944-, African-American Writer, Poet, Essayist; Appearance, 51; Attention, 67; Continuity, 169; Experience, 286; Happiness, 355; Jealousy, 432; Liberation, 454; Loneliness, 479; Reciprocity, 594; Responsibility, 617; Synthesis, 695; Wonder, 756
- Walker, C. J., Madame (Sarah Breedlove): 1867-1919, African-American Entrepreneur; Initiative, 408; Opportunity, 533
- Walker, Howard: Faith, 299
- Walker, Margaret Abigail: 1915-1998, African-American Writer, Educator; Limitation, 465; Love-Agape, 485
- Wallace (Wallechinsky), Irving: 1916-1990, American Writer; Individuality, 396
- Walpola Rahula: 1906-1997, Buddhist Monk, Scholar; Accomplishment, 27
- Walpole, Hugh Seymour: 1884-1941, New Zealander/English Writer; Courage, 176; Relationship, 597
- Walsch, Neale Donald: 1943-, American Writer; Cause, 106; Introspection, 430; Manifestation, 496; Relationship, 599
- Walsh, Roger N.: Australian/American Scholar, Educator; Cause, 106; Solution, 668
- Ward, William Arthur: 1921-, American Writer; Adversity, 39; Attitude, 71; Listening, 469; Reciprocity, 593; Responsibility, 616; Teaching, 700
- Warhol, Andy (Andrew Warhola): 1928-1987, American Pop Artist; Change, 114; Initiative, 408; Love-Eros, 492
- Warner, Charles Dudley: 1829-1900, American Editor, Essayist; Conformity, 153; Regret, 595; Simplicity, 652; Value, 731
- Washington, Booker Taliaferro: 1856-1915, African-American Educator, Reformer; Ability, 21; Accomplishment, 27; Beginning, 84; Character, 120; Collaboration, 126; Creativity, 179; Experience, 283; Failure, 285; Fear, 304; Influence, 402; Oneness, 524; Opportunity, 533; Oppression, 535; Reciprocity, 591; Responsibility, 614; Strength, 676; Success, 682; Value, 731; Work, 758
- Washington, Denzel: 1954-, African-American Actor; Limitation, 467
- Washington, George: 1732-1799, American Militarist, Statesman, 1st US President; Character, 119; Friendship, 323; Influence, 401
- Washington, Martha Dandridge Curtis: 1732-1802, American First Lady; Attitude, 69
- Watson, Lyall: 1939-, South African Biologist, Writer; Paradox, 539; Wonder, 756
- Watson, Thomas John, Jr.: 1914-1993, American Entrepreneur; Conformity, 154
- Watterson, William B., II: 1958-, American Cartoonist; Avoidance, 78
- Watts, Alan Wilson: 1915-1973, British/American Philosopher, Writer; Attention, 65; Attitude, 71; Chaos, 117; Death, 198; Haste, 357; Humor, 376; Innocence, 410; Insanity, 412; Life, 457; Lila, 460; Love-Eros, 492; Meditation, 506; Polarity, 556; Practice, 568; Presence, 575; Seeking, 627; Sex, 641; Spirituality, 671; Spontaneity, 675; Suffering, 689; Truth, 725; Understanding, 729; Wonder, 755
- Waugh, Alec (Alexander Raban): 1898-1981, English Writer; Desire, 221; Time, 708
- Webster, Jean: Little, 473

- Weems, Renita J.: 1954-, African-American Cleric, Educator, Writer; Love-Eros, 493
- Weil, Andrew T.: 1942-, American Integrative Physician; Conformity, 155; Delusion, 213; Health, 369
- Weil, Simone Adolphine: 1909-1943, French Philosopher, Essayist, Mystic; Attachment, 61; Attention, 65; Belief, 96; Compassion, 138; Desire, 221; Detachment, 223; Humility, 373; Imagination, 385; Liberation, 453; Patience, 548; Reciprocity, 592; Relativity, 603; Suffering, 689; Vice, 734; Work, 760
- Welch, Raquel (Jo Raquel Tejada): 1940-, Bolivian-American Actress; Affirmation, 43
- Welles, (George) Orson: 1915-1985, American Film Director, Actor; Loneliness, 479; Polarity, 555
- Wells, Herbert George: 1866-1946, English Writer; Attitude, 70; Beginning, 84; Flexibility, 312
- Wesley, John: 1703-1791, English Cleric, Founder of Methodism; Goodness, 339; Love-Eros, 488; Perspective, 549; Tolerance, 713; Wealth, 745
- West, (Mary) Jessamyn: 1907-1984, American Writer; Communication, 133; Delusion, 212; Love-Eros, 491; Seeking, 626; Teaching, 699; Truth, 724
- West, Cornel Ronald: 1954-, African-American Philosopher, Educator; Affirmation, 43; Art, 59; Faith, 299; Individuality, 397; Music, 520; Questioning, 584; Wisdom, 751
- West, Mae (Mary Jane): 1892-1980, American Actress, Scriptwriter; Age, 46; Cause, 105; Choice, 123; Indulgence, 399; Insecurity, 414; Love-Eros, 490; Sex, 641
- Westmoreland, William Childs: 1914-, American Militarist; War, 742
- Weston, Edward Henry: 1886-1958, American Photographer; Expression, 291
- Wharton, Edith Newbold Jones: 1862-1937, American Writer; Age, 45; Habit, 350; Happiness, 353; Influence, 402; Spontaneity, 675; Wisdom, 750
- Whately, Richard: 1787-1863, English Philosopher, Theologian; Failure, 292; Questioning, 582
- Wheatley, Margaret J.: American Organizational Consultant; Creativity, 182
- Wheeler, Shannon: American Cartoonist; Inaction, 392
- Whistler, James McNeill: 1834-1903, American Artist; Criticism, 185
- White Eagle: Channeled information by Grace Cook; Haste, 357; Relationship, 600; Spirituality, 673; Work, 761
- White, Elwyn Brooks: 1899-1985, American Humorist, Essayist; Openness, 530
- White, Terence Hanbury: 1906-1954, British Writer; Tact, 697
- White, Walter Francis: 1893-1955, African-American Writer, Activist; Tolerance, 714
- Whitehead, Alfred North: 1861-1947, English Mathematician, Philosopher; Actualization, 32; Art, 55; Cause, 104; Change, 112; Choice, 122; Conflict, 150; Continuity, 167; Ethics, 272; Faith, 298; Influence, 402; Oneness, 524; Possibility, 559
- Whitehorn, Katherine: 1926-, British Writer, Journalist; Work, 760
- Whitman, Cedric Hubbell: 1916-1979, American Classical Scholar, Poet; Belief, 96
- Whitman, Walt: 1819-1892, American Poet, Writer; Conformity, 153; Conviction, 170; Death, 195; Equanimity, 270; Journey, 434; Learning, 441; Oneness, 524; Presence, 573; Seeking, 626; Sensibility, 637; Sex, 640; Simplicity, 652; Wonder, 753
- Whitney, Willis R.: 1868-1958, American Engineer, Innovator; Beginning, 84
- Whittier, John Greenleaf: 1807-1892, American Poet, Abolitionist, Journalist; Presence, 573; Regret, 595
- Whorf, Benjamin Lee: 1897-1941, American Semanticist; Logos, 476
- Whyte, Lancelot Law: 1896-1972, Scottish Mathematical Physicist, Philosopher; Failure, 294
- Wiesel, Eliezer: 1928-, Romanian/American Writer, Educator, 1986 Nobel Laureate; Appreciation, 54; Centering, 110; Legacy, 448; Power, 564; Preparation, 570; Sensibility, 638; Truth, 725
- Wilber, Ken: 1949-, American Transpersonal Psychologist, New Age Theorist; Attention, 67; Breakthrough, 101; Enlightenment, 266; Growth, 347; Meaning, 501; Openness, 528; Release, 608; Retreat, 621; Self, 632; Transformation, 717
- Wilcox, Ella Wheeler: 1850-1919, American Poet, Writer; Attitude, 70; Belief, 92; Determination, 225; Diversity, 247; Equanimity, 270; Happiness, 353
- Wilde, Oscar Fingal O'Flahertie Willis: 1856-1900, Irish Poet, Dramatist, Critic, Wit; Affirmation, 42; Appearance, 50; Art, 55; Being, 87; Character, 120; Communication, 132; Conscience, 165; Conviction, 171; Daring, 191; Desire, 219; Disclosure, 240; Failure, 293; Feeling, 307; Forgiveness, 319; Grief, 343; Humor, 375; Idea, 379; Indulgence, 399; Insecurity, 414; Lila, 459; Love-Agape, 483; Love-Eros, 488; Moderation, 517; Perspective, 550; Questioning, 582; Relationship, 596; Self, 630; Sensibility, 637; Shadow, 644; Simplicity, 653; Suffering, 687; Teaching, 699; Time, 707; Truth, 722; Value, 731; Vision, 736; Wealth, 746; Wonder, 753
- Wilder, Laura Ingalls: 1867-1957, American Pioneer, Writer; Collaboration, 126; Distraction, 244; Simplicity, 652
- Wilder, Thornton: 1897-1975, American Dramatist, Writer; Acceptance, 24; Appreciation, 54; Choice, 123; Comparison, 135
- Willard, Frances Elizabeth Caroline: 1839-1898, American Reformer, Writer, Educator; Conflict, 150; Individuality, 394; Inspiration, 420; Synthesis, 694
- Williams, Angel Kyodo: African-American Zen Priest; Acceptance, 25; Anger, 48; Attention, 68; Change, 115; Desire, 221; Direction, 235; Diversity, 249; Failure, 296; Fear, 305; Focus, 317; Haste, 357; Impermanence, 390; Insecurity, 415; Journey, 437; Liberation, 454; Meditation, 508; Perspective, 552; Polarity, 556; Presence, 578; Questioning, 584; Seeking, 627; Sincerity, 657; Thinking, 705; Trust, 719
- Williams, Francis: c. 1700-c. 1774, Jamaican Scholar, Teacher; Oneness, 523
- Williams, Montel Brian Anthony: 1956-, African-American TV Host; Focus, 317; Practice, 568
- Williams, Robin McLaurin: 1952-, American Actor, Comedian; Insanity, 412; Reality, 588
- Williams, Tennessee (Thomas Lanier): 1911-1983, American Dramatist, Writer; Exploration, 288; Insecurity, 415; Liberation, 453; Release, 606; Suffering, 689
- Williamson, Marianne: 1952-, American Therapist, Writer; Dependence, 215; Distraction, 245; Engagement, 259; Fear, 305; Forgiveness, 321; Greed, 341; Influence, 406; Love-Agape, 486; Meaning, 501; Partnership, 543; Power, 565; Presence, 578; Reciprocity, 594; Relationship, 600; Seeking, 627; Sex, 643; Submission, 681; Success, 684; Thinking, 705; Vision, 739; Work, 761
- Wilmot, John, Earl of Rochester: 1647-1680, English Militarist, Poet, Libertine; Change, 111
- Wilson, (Thomas) Woodrow: 1856-1924, 28th US President; Character, 120; Compassion, 137; Conflict, 150; Dreams, 251; Goal, 334; Optimism, 536; Strength, 677; Vision, 736
- Wilson, Andrew Norman: 1950-, English Critic; Polarity, 556

- Wilson, August (Frederick August Kittell): 1945-2005, African-American Dramatist; Beginning, 85; Individuality, 397
- Wilson, Colin Henry: 1931-, English Writer; Depression, 217; Mind, 515
- Wilson, Desmond: 1941-, Irish Priest, Community Worker; Forgiveness, 321
- Wilson, Flip (Clerow): 1933-1998, African-American Comedian; Individuality, 396; Vision, 739
- Wilson, Robert Rathbun: 1914-2000, American Physicist; Creativity, 181
- Winfrey, Oprah Gail: 1954-, African-American TV Host, Actress, Producer; Anger, 48; Autonomy, 76; Celebration, 107; Connection, 163; Defeat, 203; Diligence, 233; Dreams, 255; Failure, 296; Friendship, 326; Insight, 419; Liberation, 454; Partnership, 543; Responsibility, 617; Spirituality, 673; Worry, 764
- Winnemucca, Sarah: 1842-1891, Native-American Paiute Activist, Educator; Compassion, 137
- Winterburn, Florence Hull: b. 1858, American Writer; Friendship, 324
- Winterson, Jeanette: 1959-, English Writer; Creativity, 182; Feeling, 310; Love-Eros, 493; Relativity, 603; Seeking, 627; Value, 733
- Wirt, William: 1772-1834, American Lawyer; Questioning, 582
- Wittgenstein, Ludwig: 1889-1951, Austrian/British Philosopher; Belief, 95; Communication, 133; Death, 196; Disclosure, 240; Journey, 435; Logos, 476; Perspective, 550; Presence, 574; Silence, 649; Solution, 667
- Wolf, Fred Alan: 1934-, American Physicist, Writer; Actualization, 34; Reality, 588
- Wolf, Naomi: 1962-, American Writer, Feminist; Breakthrough, 101; Disclosure, 241
- Wolfe, Thomas Clayton: 1900-1938, American Writer; Health, 367; Loneliness, 479; Sincerity, 657; Skill, 659; Solitude, 664
- Wonder, Stevie (Steveland Judkins Morris): 1950-, African-American Musician, Songwriter; Ability, 21; Dependence, 215
- Wood, Grant: 1891-1942, American Painter; Inspiration, 421
- Woodberry, George Edward: 1855-1930, American Poet, Critic, Educator; Belief, 92; Defeat, 202; Insight, 417
- Wooden, John Robert: 1910-, American Basketball Coach; Ability, 21; Character, 121; Equanimity, 271; Learning, 444; Limitation, 465; Preparation, 570
- Woodman, Marion Boa Taylor: 1928-, American Art Historian, Jungian Analyst; Partnership, 542; Restraint, 619; Self, 632; Sensibility, 638; Submission, 681
- Woolf, (Adeline) Virginia: 1882-1941, English Writer, Critic; Attention, 64; Conformity, 153; Disclosure, 240; Expedience, 283; Little, 472; Presence, 574; Reality, 586; Unconscious, 726
- Wordsworth, William: 1770-1850, English Lyrical Poet; Compassion, 137; Conformity, 152; Expectation, 281; Feeling, 306; Little, 471; Relativity, 602; Solitude, 662; Vision, 736; Wisdom, 749
- Wotton, Henry: 1568-1639, English Diplomat, Poet; Disclosure, 238
- Wright, Chauncey: 1830-1875, American Philosopher, Mathematician; Influence, 401
- Wright, Frank Lloyd: 1869-1959, American Architect; Age, 45; Faith, 298; Feeling, 307; Humility, 373; Idea, 379; Inspiration, 421; Liberation, 452; Simplicity, 653; Truth, 723; Wealth, 746
- Wright, Richard Nathaniel: 1908-1960, African-American Writer; Belief, 96; Meaning, 499; Perspective, 551; Possibility, 560; Self, 631
- Wumen Huikai: 1183-1260, Chinese Chan Master; Presence, 572; Today, 710
- Xavier, Francis (Francisco Javier): 1506-1552, Basque Jesuit Missionary, Saint; Little, 471
- Xenophon: 435-355 BCE, Greek Historian, Essayist, Militarist; Grief, 342; Questioning, 581
- Xerxes: c. 519-465 BCE, Persian King; Daring, 190
- Xi Kang (Chi K'ang): 223-262, Chinese Philosopher, Alchemist, Poet; Guilt, 348
- Xuefeng Yicun (Hsueh-feng): 822-908, Chinese Chan Master; Self-Reliance, 633
- Yamada, Kobi: Japanese-American Entrepreneur; Strength, 677
- Yangshan Huiji: 803-887, Chinese Chan Master, Guiyang School Founder; Being, 87; Focus, 314; Growth, 344; Idea, 378
- Yeats, John Butler: 1839-1922, Irish Artist; Sincerity, 656
- Yeats, William Butler: 1865-1939, Irish Poet, Dramatist, 1923 Nobel Laureate; Appearance, 50; Communication, 132; Conviction, 171; Dreams, 251; Growth, 345; Haste, 356; Insight, 417; Manifestation, 495; Suffering, 687; Truth, 723
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- Yeltsin, Boris Nikolayevich: 1931-, Russian President; Creativity, 181
- Yeshe Tsogyal: 757-817, Tibetan Princess, Buddhist Teacher, Scribe; Exploration, 287
- Yevtushenko, Yevgeny: 1933-, Russian Poet; Cost, 173; Jealousy, 432; Limitation, 466
- Yi Jing (I Ching)*: c. 1150 BCE, Chinese Oracle; Adversity, 36; Balance, 79; Beginning, 83; Breakthrough, 98; Centering, 108; Choice, 122; Collaboration, 125; Complacency, 141; Confidence, 147; Conflict, 149; Congruence, 156; Decision, 200; Depression, 216; Determination, 224; Direction, 234; Disclosure, 238; Enjoyment, 260; Expedience, 283; Flexibility, 311; Growth, 344; Humility, 372; Impermanence, 387; Influence, 400; Innocence, 409; Insecurity, 413; Insight, 416; Introspection, 427; Jealousy, 431; Legacy, 446; Limitation, 462; Meditation, 503; Moderation, 516; Partnership, 540; Patience, 547; Perspective, 549; Reciprocity, 589; Release, 604; Retreat, 620; Simplicity, 651; Skill, 658; Solitude, 661; Strength, 676; Tolerance, 713; Vision, 735; Zeal, 765
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